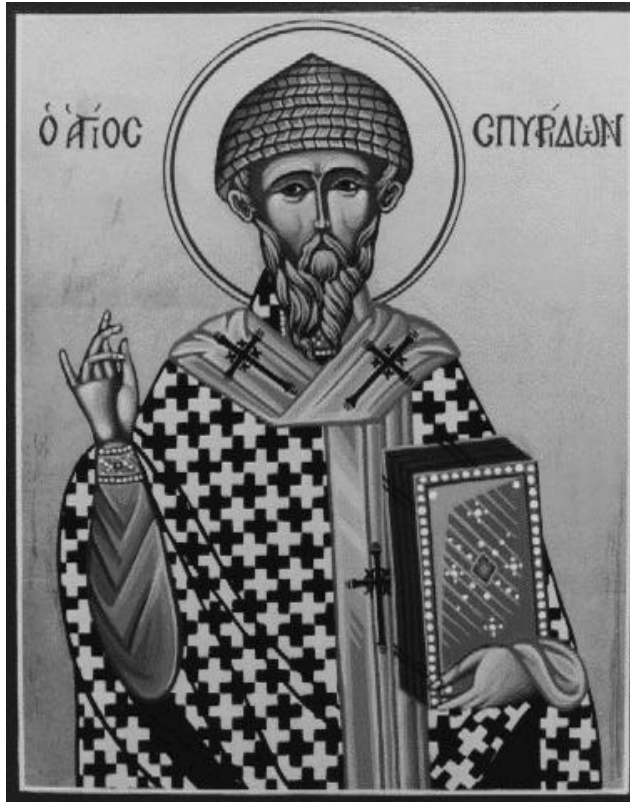

THE SAINT SPYRIDON VOICE
JULY 2005



Saint Spyridon Greek Orthodox Church
PO Box 427
Newport, RI 02840
tel: (401) 846-0555, fax: (401) 841-0960
www.stspyridonchurch.org



SAINT SPYRIDON GREEK ORTHODOX CHURCH
www.stspyridonchurch.org

Reverend Presbyter Anthony Evangelatos
franthy@stspyridonchurch.org

Office Hours

Priest: Tuesday– Friday, 9 am– 3 pm

Church secretary, Ellen Anagnostos: Tuesday & Thursday, 9 am– 1 pm

Parish Council President: Steven Mellekas

Chanters: George Spiratos

Basile Panoutsopoulos

Choir Director: Paul Cotsoridis

Organist: Jane Iandolo

Religious Education : Marianne Menas

Stewardship: Zoe Adamedes

Philoptochos President: Zinovia Canale

Acolytes: Team A– Nick Mellekas

Team B– James Canale

GOYA President: James Canale

JOY Advisor: Sandy Giannopoulos

Greek School:

Loula Eliopoulos

Basile Panoutsopoulos (adult classes)

Bulletin: Aliko Cooper (alikooper@yahoo.com)

Affiliated Organizations

AHEPA President: Basile Panoutsopoulos

Daughters of Penelope President:

Stella Volpicelli

Island of Skiathos Organization:

Christina Rua

SERVICE TIMES

Sunday Summer Hours Orthros 7:45 am Divine Liturgy 9 am

Wednesdays Vespers (or Small Paraklesis on
 last Wednesday of month) 7 pm*

Saturdays Great Vespers 6 pm*

Festal celebrations in the week:

Vespers– 7 pm*

Orthros– 9 am

Divine Liturgy– 10 am

* Note: Holy Confession is available each Saturday after vespers, after Wednesday or other evening services (when there are no adult classes), and during office hours by appointment.

FROM THE DESK OF FATHER ANTHONY

Beloved in Christ, in the month of July, we celebrate the memory of various saints considered to be divine agents of miraculous healings for those who call upon them in faith. These are, Sts. Cosmas and Damian of Rome (7/1) , St. Paraskevi (7/26) and St. Panteleimon (7/27).

The Holy Unmercenaries, Cosmas and Damian of Rome, are a different pair than the more well-known pair from Asia Minor, whose memory is celebrated on November 1st (there is also a third pair from Arabia, celebrated on October 17th). In all cases, these saints were trained physicians of the body, but more importantly, they were physicians of the *soul*. The other important aspect of their lives, was their insistence on not charging for their services. They took to heart the commandment of Christ to the Disciples: “*Heal the sick, cleanse the lepers, raise the dead, cast out demons. Freely you have received, freely give.*” (Mt. 10:8). All they wanted in return for their services, was for the patient to confess and believe in Christ; and this readily happened, since many of the healings received were miraculous in nature, and not the result of the science of medicine. Unfortunately, the notoriety of Sts. Cosmas and Damian in Roman society eventually led to their martyrdom.

St. Paraskevi was a saintly young girl born of pious Christian parents, who led a monastic life. Through her missionary zeal, she guided many to Christ. As was typical during the time of Roman persecution, she was arrested and asked to denounce Christ and worship the idols. She staunchly refused, which led to cruel tortures. The final torture was to place her in a vat of boiling oil which did her no harm. In fact, the emperor questioned whether she had cast some sort of magic spell on the oil to make it as cool as water. To answer him, she scooped some of the hot oil in her hands and threw it out of the cauldron, some of which splashed into his eyes and blinded him. He pleaded to her for mercy, which she granted by praying for him and healing his eyes. The emperor was profoundly moved, and therefore ceased the persecution of Christians throughout the empire. His successor, however, began a new wave of persecutions, during which St. Paraskevi was finally beheaded. Because of the healing of the emperor’s eyes, she has subsequently been called upon by the faithful over the centuries, for the health of the eyes.

St. Panteleimon was also a trained physician and unmercenary (would not take money for his services). Although a proficient physician, his healings were based on the grace of God more than medicines. One of his greatest miracles became the cause of his martyrdom. He had healed a blind man by calling upon the name of Jesus, and simultaneously opened the eyes of the man’s soul to the true God. When questioned about

the healing, the man formerly blind boldly confessed the entire story, very much like the man born blind who was healed by Christ. The man was immediately put to death, and St. Panteleimon was arrested and later beheaded.

The lives of these great healers and martyrs speak loudly of unwavering faith in Christ. They believed without a doubt, that He truly can do those things which are impossible for men. Countless faithful over the ages, have called upon these and many other healing saints for their intercessions and assistance. The Church still produces healing saints who, in this life, had the same unwavering faith as the martyrs described above. St. Nektarios, as many know, is a modern saint of the 20th century who is a great miracle worker for the sick. Here in the United States, we also have St. John of Shanghai and San Francisco who is a great source of healing for countless of the faithful. One of our Greek Archdiocesan priests who had been in the San Francisco Bay Area, had various healings occur with members of his flock, who prayed to St. John with great faith in God and His saints.

May we too may gain unwavering faith as a result of the efforts of our continued spiritual growth. When we need help in our lives when any numbers of problems arise, we cannot simply be passive and hope that God may hear our feeble prayer. We need to live our Orthodox Christian lives in a very *real* and *substantial* manner. Let us all turn to the Church with renewed fervor if we have become lukewarm. Let us call upon all the saints and the holy Theotokos for their continued prayers and intercessions. They care about us – let us show them our love, respect, and gratitude by honoring them at their feast days celebrated throughout the year, and through our fervent prayers to them.

In the love of Christ,

+Fr. Anthony

ACOLYTE ROBE CLEANING

After 1-1/2 years of usage, some of the acolyte robes and belts have a fair amount of beeswax dripped on them. This can easily be removed with rubbing alcohol, instead of using an iron which will leave a stain. It would be ideal to have all the mothers of acolytes help with the cleaning one Sunday after liturgy. We will try **Sunday, 7/10** as a first attempt. Moms, please give a little of your time in order to keep these robes in the best condition possible.

ICON DONATIONS

Paul Cotsoridis has decided to donate back to the church, the beautiful hand-written icon of St. Romanos the Melodist, which he received as a gift from the choir for his 50 years of service as director. In addition, he also decided to sponsor a second hand-written icon of St. John of Damascus, who is also considered a patron saint of church musicians. Paul feels strongly that the choir's gift to him should be shared with the entire parish community by hanging in the church. Both icons will adorn the choir loft, and serve as reminders of the importance and sacredness of our Orthodox liturgical musical tradition. We sincerely thank Paul for this most generous gift to his parish.

OLIVE OIL NEEDED FOR ALTAR

Thanks to many people's generous contributions, our current supply of olive oil lasted for many months. We are now running low and need to replenish. The oil is used to keep the "sleepless lamp" burning on the Holy Table before the Body and Blood of our Lord. This is a spiritually meaningful way to support the church, as well as a way to help keep spending down. We welcome any and all contributions. A friendly suggestion: your dollar will go furthest by purchasing the 5 liter Felippo Berio oil at BJ's for \$20 (or simply contribute \$20 and we will make the purchase). Thanks in advance to those who wish to help.

ST. SPYRIDON'S PARISH FAMILY PICNIC

The Mazzulli Family is in the planning stages of hosting the St. Spyridon Parish Picnic/Campfire at their home on Wapping Road in Middletown. Scheduled for August 21, 2005 from 5-9 pm. The day will include events for the kids, a wiffle ball game and cookout ending with a campfire and s'mores. Hot dogs and hamburgers will be provided by the Mazzulli's along with condiments and paper goods. Picnic goers are asked to bring beverages for their family and a side dish or a dessert to share with the group.

Anyone interested in helping with the event please contact Nancy or Armand at illuzzam@hotmail.com or 841.9340.

FROM THE HOLY FATHERS

(The following is taken from *Themes From the Philokalia, No. 1: Watchfulness and Prayer*, by Archimandrite Ioannikios, Light and Life Publishing Co., 1988)

“Pray unceasingly with the all-powerful Name of Jesus, the sweet Name, the myrrh of heaven...You can pray unceasingly no matter what you are doing, wherever you are, everywhere and always: at home, at work, on the road, at mealtime, on the bus, on foot, day and night. This prayer insures you a day ‘holy, perfect, peaceful and sinless.’ It disperses ‘the light of Christ’ in the path of your life. It perfumes your being with ‘the fragrance of Christ’...

St. Symeon of Thessalonica writes: ‘Let, therefore, every devout Christian say the “prayer” (Jesus prayer) unceasingly with the mind and lips...’ All of us, clergy, laity, monastics, must bring Christ to our minds first, as soon as we awake from our sleep. Let us offer to Him the beginning of all our thoughts like a morning sacrifice. It is natural, before anything else, to think of Jesus, Who saved us and Who loves us so much!...

Our era is characterized by worry, anxiety, neuroses, confusion, the domination of the machine and technology, which press hard upon the life of the heart. Materialism, nihilism, individualism, cruelty, ‘death of God,’ death of love, condemnation of spiritual life, absorption by the carnal ‘I,’ thirst for worldly knowledge and glory, disdain for spiritual knowledge, forgetfulness of the divine image of man: all these have turned contemporary men into walking question marks moving in an impassable chaos. But if Jesus is the only true peace for all times, He is especially for our time. Prayer in the Name of Jesus becomes more imperative today. Christ even today proclaims: ‘My peace I give to you; not as the world gives do I give to you.’

If we had made Christ the life of every moment, with unceasing prayer, and if we sought Him incessantly with ardent zeal, then so many hours would not be spent uselessly in vain thoughts, in materialistic conversations and sinful acts, which increase the anxiety and ‘worldly cares’ and remove us from the divine harbor of His peace.”

HELLENIC FEST 2005— JULY 29, 30, 31— UPDATE

Since the Parish Council's appeal last month for volunteers to lead the various areas of the pre-festival functions, the following individuals and/or families have come forward and volunteered to help St. Spyridon by leading and coordinating the following areas:

1. Raffle – *Steve Mellekas and Zenovia Canale*
2. Food/Product Ordering – *Zoe Adamedes*
3. Food Workshop Coordinator – *Ellen Anagnostos*
4. Pastry Workshop Coordinator – *Vaggeli and Xanthoula Giannopoulos*
5. Cultural Marketplace Ordering – *Penelope Hiotas*
6. Taverna (Ordering and bar servers) – *Elaine Holder*
7. Logistics – *Thanasi and Ourania Stefanopoulos*
8. Loukoumades – *Mersina Christopher Walsh*
9. Set-up and Breakdown/Cleanup – *Michael Sisak, John Johnson and Christos Psilos*

Please call the church office or see any member of the parish council to volunteer for leading one of the following *critical* areas that still require a leader/coordinator:

1. **Publicity**
2. **Volunteers Coordinator**

Advertisement Sponsorship

The Publicity Committee is responsible for coordinating the various aspects of public relations related to the festival, and for soliciting donations to offset the cost of advertisement. We are grateful to *Alson Castanguay* who has sponsored the festival advertising budget with a very generous donation. We also wish to thank *Catherine Koulouvardis* who has volunteered to assist the Publicity Committee by donating her time to solicit ads from area businesses. The gracious assistance of these two parishioners should help make the efforts of the Publicity Committee much easier this year. Unfortunately, no individual has come forward to lead this critical area; if you have talents in publicity/public relations, please call the church office to volunteer as the Publicity Coordinator or to be member of the Publicity Committee. The work of this committee must begin ASAP! We also wish to thank *Harry Koulouvardis* for donating the printing of this year's raffle tickets.

HELLENIC FEST MEETING DATES

Sunday, July 10th, *church Hall during coffee hour*

Sunday, July 17th, *church Hall during coffee hour*

Make it a point to come to church on these days to find out what you can do to support Hellenic Fest 2005.

JULY 2005

Sunday Summer

Sun**Mon****Tue****Wed****Th**

3 2nd Sunday of Matthew Altar Team B	4	5	6 Small Vespers 7 pm <i>(fast day)</i>	7
10 3rd Sunday of Matthew Altar Team A	11	12	13 Small Vespers 7 pm <i>(fast day)</i>	14
17 The Holy Fathers of the 4th Ecumenical Council; the Great Martyr Marina Altar Team B	18	19 Vespers for the feast of the Prophet Elias, 7 pm	20 The Prophet Elias, Orthros & Lit. (no vespers) <i>(fast day)</i>	21
24 5th Sunday of Matthew Altar Team A	25 Vespers for feast of St. Paraskevi, 7 pm	26 St. Paraskevi, Orthros & Lit.; Vespers for feast of St. Panteleimon, 7 pm	27 St. Panteleimon, Orthros & Lit.; Small Vespers 7 pm <i>(fast day)</i>	28
31 6th Sunday of Matthew Altar Team B				

s Orthros 7:45 am Divine Liturgy 9 am

Fri

Sat

1

2

Great Vespers 6 pm

(fast day)

8

9

Great Vespers 6 pm

(fast day)

15

16

Great Vespers 6 pm

(fast day)

22

23

Great Vespers 6 pm

(fast day)

29

30

Great Vespers **5:30 pm**
(note earlier time due to festival)

(fast day)

Upcoming Events

July 5– Parish Council Meeting, 7 pm

July 9– Annual St. Spyridon Film Festival

July 11– Soup Kitchen at St. Spyridon

July 29– 31 – Hellenic Fest

Regular Events

Children’s Greek School– Mondays, Tuesdays and Wednesdays, 4-6 pm
(on break for the summer)

Adult Greek School– Mondays, 5-6 pm
(on break for the summer)

Religious Education– Sundays, immediately after Holy Communion
(on break for the summer)

Holy Confession– available after Saturday Vespers or other evening services and during office hours by appointment



HELLENIC FESTIVAL

2005

JULY 29, 30, 31



St. Spyridon FESTIVAL FEVER CHECKLIST !

- Come set up on Thursday, July 28 at 4 pm
- Save July 29, 30 & 31 on your calendar from 4 pm to 12 midnight on Friday, 12 noon to 12 midnight on Saturday, and from 12 noon to 8 pm on Sunday
- Invite family, friends and co-workers
- Don't Forget: Send in your raffle tickets!
- Bake baklava or other Greek pastries for the Festival
- Volunteer to work for part of each Festival Day – take the initiative to help during the festival
- Put on your dancing shoes and prepare to have fun!

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?a pet????με!



EUROVISION
SONG CONTEST

3
Days
Of
FUN !

WE WANT YOU !!**• To volunteer to assist at the Festival**

Please Add Your Name To The Festival Sign-up Board In The Church Hall To Help At The Festival – St. Spyridon Is Depending On You!

- To sell, buy and return all Festival Raffle tickets given to you. Come pick up more tickets if you can sell them! Call the church office @ 846-0005.
- To help secure Festival donations and sponsors
- To help advertise by putting up flyers and posters at local businesses.
- To join us at the Festival and enjoy good fellowship and food with family and friends!!

**Three Cheers and Many Thanks
To the Festival Team... .**

... to committee members who since January have been meeting, planning, organizing and recruiting

... to the many women and men who have been cooking, shopping, baking and chopping

... to you wonderful volunteers who will spend hours serving, selling, grilling and greeting

... to our parish youth who set up, clean up, cook hot dogs, serve soda and dance up a storm

**THANK YOU !
THANK YOU !!
THANK YOU !!!**

PARISH COUNCIL NEWS

The next parish council meeting will take place Tuesday, July 5, 2005 at 7 pm. Items discussed at the June meeting are as follows:

1. Parish Council approved a revised budget to be sent to the Archdiocese.
2. Monthly stewardship report prepared by Zoe Adamedes.
3. The preparation of St. Spyridon's Greek School program for 2005-06
4. Building maintenance of church, the council will seek bids for work on the basement rooms.
5. The Hellenic Fest
 - a. Please note upcoming meetings, involvement is imperative for the promotion of the church community.
 - b. Parish Council designated the Hellenic Fest income to fund the upcoming capitol projects for St. Spyridon's Church

Please feel free to contact anyone on the Parish Council for concerns.

Steven J. Mellekas
Parish Council President

FILM FESTIVAL NEWS

Mark your calendars. The fifth annual St. Spyridon Orthodox Christian Film Festival will be on Saturday, July 9. Come and partake of the assorted amateur videos submitted for competition as well as Greek Orthodox Telecom videos (time permitting). Welcoming fellowship begins at 10:00 AM. Snacks are provided and then a luncheon will follow the videos. At about 1:30 PM we will announce prize winners and then at 2:00 PM we will begin to make our way down towards the Black Pearl where the crew of the 75 foot schooner Madeleine will be awaiting our arrival for a 90 minute sail to begin at 2:30 PM sharp. All activities are free. For more information see:

<http://www.stspyridonchurch.org/filmfestival/>

METROPOLIS CAMP NEWS

Check your calendars for Saturday, October 1 and Sunday, October 2. We are going to the Metropolis Camp in the beautiful pine forests of New Hampshire! From hiking, canoeing, and campfire camaraderie to lakeside Bible studies and the Divine Liturgy in the beautiful, new, wooden camp chapel, there are many things to do at the camp in Contoocook, NH (about a 2.5 hour drive). Learn all about it by going to

<http://www.boston.goarch.org/youthoffice/bdc/>

We will plan on arriving there at midday on Saturday and leaving around midday on Sunday. There is no cost for either the accommodations or the meals however a free will offering is suggested. Non-Orthodox users of the camp pay \$35 a night and \$10 a day for meals.

Speak to Father Anthony, Marianne Menas or Michael Sisak if you have questions or would like to sign up to go.

NEWPORT HELLENIC DANCERS

The Newport Hellenic Dancers started their practices again in May. Our focus for the next two months is performing at the festival. In addition to teaching the children that participated last year, we also started a second class to teach new members. There is still time to join us if you want to participate and dance at the Hellenic Festival. We have a rich program with many new dances from all over Greece. Please contact Evangelos or Xanthoula Giannopoulos at 782-9457 for more details.

SOUP KITCHEN COMMITTEE UPDATE

Special thanks to Jane Iandolo for overseeing the June soup kitchen, Steve & Greg Mellekas for food preparation, and Zoe Adamedes for her monetary donation. We also wish to thank the many volunteers who have consistently supported this ministry, by volunteering time, baked goods and energy. You are all greatly appreciated!

The July Soup Kitchen will take place on Monday July 11. We again need volunteers to bake, set up on Sunday July 10, and on Monday to help serve, and clean up. Please contact Presv. Themmi at church or by phone at 847-1558 after June 29th. Again thanks for all your support!

IN OUR PARISH

Birth: A baby girl was born to *Leon & Kalliopi Panteleos* on 5/28, and was named *Kristalia*. We congratulate the parents on the birth of their first child. May she live many years! May she live many years!

Baptism: *Maria Sophia Johnson*, daughter of John & Maria Stefanopoulos Johnson, was baptized on 6/5. Her sponsor is Maria Holder. May she live many years!

Olivia Georgia Kapogiannis, daughter of Christos & Amy Kapogiannis, was baptized on 6/11, and was given the name Georgia. Her sponsor is her aunt, Argiro Kapogiannis. May she live many years!

Engagement: *Despina Stefanopoulos* was recently engaged to *Dr. Cosmas Haralambidis* of Cranston, RI. We congratulate them and wish them well as they anticipated their wedding day!

Graduations: *Carissa Borodemos* graduated from Portsmouth High School on 6/10. She will be studying nursing at Rhode Island College this coming fall. We wish her the best during her college years.

James Canale graduated from Portsmouth High School on 6/10. He will be studying international business at Fairfield University in Fairfield, Connecticut. We wish him the best during his college years.

Ashley Dorothea Cottrell received a BA in Administration of Justice from Salve Regina on 5/15. She also earned 'student of the year' at Salve this year. Ashley will be finishing a Master of Science in the upcoming school year, in the administration of justice with a concentration in management and terrorism issues. We wish her the best with her post graduate studies.

Eric Sardinha received a BS in business management from Nichols College in Dudley, MA on 5/7. We wish him well for the future.

GRADUATION ANNOUNCEMENTS

If you have a graduating high school or college senior, please submit the information as soon as possible to the bulletin editor (alikooper@yahoo.com). We will continue to list graduates in the August bulletin. We ask that you limit the announcement to the basics – name of school completed, degree earned, name of college to be attended for under-graduate or post-graduate studies, etc.

<p><i>In loving memory of</i> <i>Gredo Vincent Volpicelli</i></p>	<p>Order of AHEPA Maud Howe Elliott Chapter No. 245 Daughters of Penelope Ares Chapter Number 49</p>	<p>Mel's Cafenio 25 Broadway Newport 849-6420</p>
<p><i>With compliments of...</i> Dr. Joanne and Mr. C. Gus Hologgitas</p>	<p>Aquidneck Pizza Breakfast ? Lunch ? Dinner 27 Aquidneck Avenue Middletown Take out orders: 849-3356 Daily 7am-12am, Fri & Sat 7am-2am</p>	<p><i>✍</i> Tommy's <i>✍</i> Deluxe Diner 159 East Main Road Middletown 847-9834 Established in 1936</p>
<p>Nikolas Pizza 38 Memorial Blvd West Newport 849-6611</p>	<p>Astro Construction Inc. PO Box 522 Portsmouth, RI (401) 683-9120 Established 1954</p>	<p>CODDINGTON BREWING COMPANY 210 Coddington Highway Middletown 847-6690</p>
<p>Compliments of the ATLANTIC BEACH CLUB 53 Purgatory Road Middletown 847-2750</p>	<p>A-1 Pizza 306 Broadway Newport Free Delivery 849-2213</p>	<p>Rhea's Bed & Breakfast <i>Accommodations with jacuzzi's available!</i> 120 West Main Road Middletown 841-5560</p>
<p><i>Compliments of</i> Island of Skiathos Organization Established 1967</p>	<p>Flo's Drive-In <i>Portsmouth</i> Flo's Clam Shack <i>Over Flo's</i> <i>Middletown</i> <i>Voted Best in Rhode Island!</i></p>	<p>The Mainstay Inn 151 Admiral Kalbfus Road Newport 849-9880</p>
<p>ELLAS Greek and American music We play all types of functions. Call Andy. (978) 532-0771</p>	<p><i>Compliments of</i> A Friend</p>	<p>Sandwich Board Deli 397 Thames St. Newport, RI 849-5358</p>



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a Greek Food & Cultural Festival



Hellenic Fest !



**July
29 ? 30 ? 31**



Thames & Brewer St.