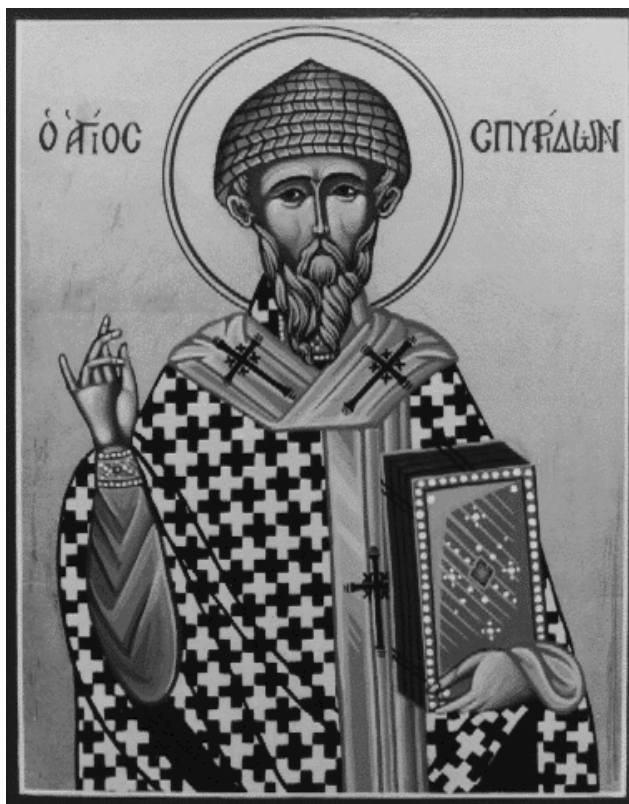


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THE SAINT SPYRIDON VOICE  
MARCH 2006

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Saint Spyridon Greek Orthodox Church  
PO Box 427  
Newport, RI 02840  
tel: (401) 846-0555, fax: (401) 841-0960  
[www.stspyridonchurch.org](http://www.stspyridonchurch.org)

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SAINT SPYRIDON GREEK ORTHODOX CHURCH

www.stspyridonchurch.org

Reverend Presbyter Anthony Evangelatos

franthony@stspyridonchurch.org

**Office Hours**

Priest—During Great Lent: Monday—Wednesday, 9 am—3 pm Friday, 12 pm—3 pm

Church secretary, Ellen Anagnostos: Tuesday & Thursday, 9 am—1 pm

**Parish Council President:**

Steven Mellekas

**Chanters:** George Spiratos

Basile Panoutsopoulos

**Choir Director:** Paul Cotsoridis

**Organist:** Jane Iandolo

**Religious Education :** Marianne Menas

**Stewardship:** Zoe Adamedes

**Philoptochos President:** Zinovia Canale

**Acolytes:** Nick Mellekas, James Mellekas

**GO YA President:** Nick Mellekas

**JOY Advisor:** Sandy Giannopoulos

**Greek School:**

Loula Eliopoulos

Basile Panoutsopoulos (adult classes)

**Bulletin:** Alike Cooper

(alikooper@yahoo.com)

**Affiliated Organizations**

**AHEPA President:** Basile

Panoutsopoulos

**Daughters of Penelope President:**

Ellen Anagnostos

**Island of Skiathos Organization:**

Christina Rua

**Sunday Winter Hours** Orthros 8:45 am Divine Liturgy 10 am

Service Times During Great Lent:

Mondays – Great Compline, 7:00 pm

Wednesdays – 9th Hour, 5:15 pm, Liturgy of the Presanctified Gifts, 5:30 pm

Fridays – 9th Hour, 9:45 am, Liturgy of the Presanctified Gifts, 10:00 am; Salutations to the Theotokos, 7:00 pm

Saturdays – Great Vespers, 6:00 pm

Note: During Great Lent, Holy Confession is available after all evening services, except the Presanctified Liturgy, and during office hours by appointment.

The Saint Spyridon Voice is a monthly publication of St. Spyridon Greek Orthodox Church, 390 Thames St., Newport, RI 02840

## FROM THE DESK OF FATHER ANTHONY

As we stand at the threshold of Great Lent, let us *sincerely* ask ourselves how we plan on experiencing this Lent differently than prior ones. Here are some of the questions we could be pondering: *Am I seriously preparing for Great Lent so that I will be truly ready to reap its spiritual benefits? Am I planning on increasing church attendance during Lent, or only attending church on Sundays as I do all year round? Will I make a serious effort to fast, pray more, and do charitable works for my spiritual benefit? And lastly, by truly humbling myself, will I seek repentance for my sins and approach the Church to be forgiven through Holy Confession?* In order to answer these questions, perhaps we need to look deep within ourselves to see what may be keeping us from doing these things.

*Spiritual preparation.* Basically, if we don't take Lent very seriously, then we won't feel a need for any type of preparation. If this is how we feel, then we will sail through Great Lent again this year, never "jumping into the water" to allow it to become a life-transforming event. Unless we truly understand the purpose and benefits of Great Lent, then we will have no reason to approach this holy season with any sense of appropriate preparation. In other words, if one is not planning on running a race, why should he prepare for one?

*Church attendance.* Yes, Great Lent is all about going to church! The Church directs us to temporarily put aside all worldly desires and interests, in order to focus on our spiritual lives during this holy season. The heart and soul of Great Lent are the divine services – specifically, those offered on the *weekdays* which, in essence, are the services proper to Great Lent. Here at St. Spyridon, we offer a very full Lenten experience through the chanting of the Great Compline each Monday evening, the liturgy of the Presanctified Gifts on Wednesday evenings and Friday mornings, and the Salutations to the Theotokos each Friday evening. (Please see the enclosed March calendar for a list of the *daily* services offered during the first week of Great Lent.) Besides these services, our Rhode Island Fellowship of Orthodox Churches also celebrates the penitential Lenten vespers, each Sunday evening at various churches throughout the state (see calendar).

As I say every year, if we only come to church on the Sundays of Great Lent, we will *never* feel or experience the unique beauty and spirituality of Lenten services. Saturday evening vespers and Sunday liturgy for the most part, are no different during Lent than the rest of the year; with the exception of the special rituals held on the Sunday of Orthodoxy and the Sunday of the veneration of the Holy Cross.

With so many opportunities for Lenten worship, we should try to overcome the annual excuses and justifications for not attending, and make a plan that is workable for our individual situation. Why not strive for the goal of attending at least *one different* Lenten service each week? These services are what motivate us to deepen our spirituality, making for a very full and beneficial Lenten experience.

*Prayer, fasting, and good works.* Our prayer lives can never be over emphasized. We *need* prayer in our daily lives in order to grow in the image and likeness of God. This need obviously receives even more attention during Lent. Besides prayer, an indispensable tool that will help us achieve, to a greater or lesser extent, the goals of Great Lent, is *fasting*. Again I stress, as I do every year, that fasting should not be seen as a burdensome, negative task. If it is understood in its proper context, we can then see that fasting is a *spiritually cleansing, liberating, and humbling* experience. Of course, the other element which completes this *holy trinity* of virtues, is the practicing of *charitable works*. The Church Fathers have always emphasized the emptiness and futility of fasting when it is not coupled with the performing of good works.

If we continually resist fasting, then we will never have the proper motivation to increase our prayer life, and to want to reach out to others as the Lord has instructed us to do. The Church is wise enough to know that not everyone is able to uphold a full fast. As with many other things in life, we provide you with the proper tools and complete, "by-the-book" instructions. Your spiritual father and priest, is always available to guide you to an appropriate method of fasting, without shunning the total process.

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*Repentance and confession.* If we make a serious effort in all the above, then our Lenten experience should move us to repentance. Proper preparation for Lent, increased church attendance, fasting, increased prayers, and doing good works, collectively bring us to a state of contrition and humility. “A contrite and humbled heart, God will not spurn” (Ps. 50), for this is the true fruit of Great Lent. With a heart that is forgiving to those who may have hurt us, we too, approach Christ for His forgiveness which He grants through His Holy Church.

Beloved in Christ, our celebration of the Passion and Resurrection of Christ is brought to a higher spiritual level, when we precede it with a full and meaningful Lenten experience. There are so many similar examples in our lives to which we can relate. The elation of a graduation celebration, is based on years of hard work with a specific goal in sight. Our wedding day became special and meaningful through the preparation of courtship and our engagement. The excitement and satisfaction of winning felt by athletes, comes from much toil and sweat which led to victory. The examples could go on and on, but I believe the point has been made. Again I ask, *how do we plan on experiencing this Great Lent differently than prior ones?*

Wishing everyone a most blessed Lent with the blessing of the Lord,  
+ Fr. Anthony

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## IN APPRECIATION

Thank you to Elaine Brown for her generous donation of a set of new kitchen knives. They were truly needed, and therefore, greatly appreciated.

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## LENTEN FASTING GUIDELINES

Many pious Orthodox Christians seek to uphold the Lenten fast each year, as best as possible. Following are traditional guidelines that are widely accepted and practiced within the Church. Let me stress again this year, that these are the ideal guidelines for a full and proper fast. Remember, our Lenten journey is much more than a revision of dietary habits – it is a beautiful time of spiritual discipline which cleanses and strengthens both body and soul, helping us grow closer to God as we approach Holy Pascha. Whichever way we follow the Fast, let it be a spiritually enriching effort which includes intensified prayer, increased church attendance, almsgiving and other charitable works.

**Cheesefare Week:** 2/26, Meatfare Sunday – last day for meat; remainder of week – fish, shellfish, dairy products, wine & olive oil permitted *daily*

**Great Lent & Holy Week:** 3/6-4/22 – *strict fast* from all animal products (except shellfish), wine (all alcoholic beverages) and olive oil, with the following exceptions:

- a) wine & olive oil are permitted each Saturday & Sunday, except for Holy Saturday – a day of strict fasting
- b) fish, wine & olive oil are permitted on the feast of the Annunciation, 3/25, and on Palm Sunday, 4/16
- c) many substitute vegetable oil for olive oil on strict fast days fasting is always relaxed for those with health issues (especially diabetics), expectant or nursing mothers, growing children, travelers, and other such situations (seek out your spiritual father for guidance when in doubt)

## MISSION TRIP TO ARGENTINA & CHILE

With the blessings of Metropolitan Methodios of Boston and Metropolitan Tarasios of Buenos Aires, Fr. Anthony will be going on a 2-week mission trip to Argentina and Chile in late May. Metropolitan Tarasios is in great need of priests fluent in both Spanish and Greek, to assist him with two weekend retreats to be held in both countries, as well as interaction with clergy and laity in parishes of both the Buenos Aires and Santiago metro areas. His main objective is to revitalize parishes in his Metropolitanate through means familiar to the Archdiocese of America, such as spiritual retreats. His greatest emphasis is on the young Greek-South Americans, hoping to keep them well rooted in their faith and culture, as well as seeking to inspire young men to the holy priesthood.

Since I am fluent in both languages, it is obvious that I should heed this special call from the South American Church. I would like to humbly appeal to everyone's generosity, and love for the Church and the Holy Gospel, to assist me financially in order to make this trip a reality. Letters from both Metropolitans regarding my participation in this trip, will be available on the information table in the church hall. For those who are so moved, a check may be made payable to Fr. Anthony Evangelatos, referencing the "South American Mission Trip" on the memo line. Please note that all donations will be appropriately acknowledged. May the Lord bless you for your kind consideration of this request.

+ *Fr. Anthony*

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## FLOWERS FOR THE HOLY CROSS

Each year, we print a "wish list" for items needed for Great Lent, Holy Week and Pascha. This list will appear in the April bulletin. One item, however, is needed by 3/26, which is the Sunday of the Veneration of the Holy Cross. A donation of \$250 is requested to cover the cost of the flowers for the Cross. Please call the church office if you are interested.

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## FROM THE HOLY FATHERS

(The following is taken from *Daily Readings From the Writings of St. John Chrysostom*, edited by Fr. Anthony Coniaris, Light & Life Pub. Co., 1988)

### *Real Fasting*

*“I speak not of such a fast as most persons keep, but of real fasting; not merely abstinence from meats, but from sins as well. For the nature of a fast is such that it does not suffice to deliver those who practice it unless it is done according to a suitable law. So that when we have gone through the labor of fasting we do not lose the crown of fasting, we must understand how and in what manner it is necessary to conduct the business since the Pharisee also fasted, but afterward went away empty and destitute of the fruit of fasting. The Publican did not fast, and yet he was accepted in preference to him who had fasted in order that you may learn that fasting is unprofitable unless all other duties accompany it.*

*Fasting is a medicine. But like all medicines, though it be very profitable to the person who knows how to use it, it frequently becomes useless (and even harmful) in the hands of him who is unskillful in its use.*

*I have said these things not that we may disparage fasting, but that we may honor fasting. For the honor of fasting consists not in abstinence from food, but in withdrawing from sinful practices, since he who limits his fasting only to abstinence from meats is one who especially disparages fasting.”*

### *The Proof of Fasting*

*“Do you fast? Give me proof of it by your works. If you see a poor man, take pity on him. If you see a friend being honored, do not envy him. Do not let only your mouth fast, but also the eye, and the ear, and the feet, and the hands, and all the members of our bodies. Let the hands fast, by being free of avarice. Let the feet fast, by ceasing to run after sin. Let the eyes fast, by disciplining them not to glare at that which is sinful...Let the ear fast...by not listening to evil talk and gossip...Let the mouth fast from foul words and unjust criticism. For what good is it if we abstain from birds and fishes, but bite and devour our brothers?*

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## **SAINT SPYRIDON ORTHODOX BOOKSTORE**

The Bookstore acquired new  
**BOOKS and ICONS.**

Please visit and have a look .

**LENTEN COOKING  
HOLY WEEK SERVICE BOOK**

more is coming..

Saint Spyridon Orthodox Bookstore is open on Sundays during the coffee hour.  
Come and browse the many items available at the bookstore:

**Bibles and Study Bibles  
Prayer Books  
Prayer Ropes  
Incense—Charcoal  
Books for Children and Adults  
Icons—Dptychs and Triptychs  
CDs, Audio and Video Tapes  
T-shirts of Saint Spyridon Church  
And much more ...**

Note: If you are looking for an item that is not available, please ask Basile if we can order it for you.

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# MARCH 2006

**Sun****Mon****Tue****Wed****Thu**

*Fish, eggs & dairy permitted daily during week of Cheesefare (through March 5th)*

*Strict fast 3/6—4/22  
no animal products; wine & olive oil permitted on Sat. & Sun.*

1  
Sm all Vespers 7 pm

2

5  
Sunday of Forgiveness  
(Cheesefare); Vespers of  
Forgiveness 7 pm

6 Clean Monday  
(LENT BEGINS),  
Lenten O rthros 10 am ;  
Great Com pline w /1st  
part of Great Canon, 7

7  
Great Com pline w /2nd  
part of Great Canon,  
7 pm

8 9th H r. 5:15 pm ,  
Presanctified Lit. 5:30  
pm ; 3rd part of Great  
Canon after Lenten  
supper

9  
Great  
part o  
pm

12 Sun. of O rthodoxy;  
Pan-O rthodox  
celebration @  
Dorm ition Church,  
Cum berland, 5 pm

13  
Great Com pline, 7 pm

14

15  
9th H r. 5:15 pm ,  
Presanctified Lit. 5:30  
pm , follow ed by  
Lenten supper

16

19  
St. Gregory Palam as;  
Pan-O rthodox Lenten  
Vespers, Assum ption –  
Paw tucket, 5 pm

20  
Great Com pline, 7 pm

21

22  
9th H r. 5:15 pm ,  
Presanctified Lit. 5:30  
pm , follow ed by  
Lenten supper

23

26 Veneration of the  
H oly Cross; Pan-  
O rthodox Lenten  
Vespers, St. Mary -  
Paw tucket, 5 pm

27  
Great Com pline, 7 pm

28

29  
9th H r. 5:15 pm ,  
Presanctified Lit. 5:30  
pm , follow ed by  
Lenten supper

30

**Fri**

**Sat**

3

4

Saturday of Ascetic Souls, Orthros & Lit; Great Vespers 6 pm

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10  
New /4th Canon, 7  
9th Hr. 9:45 am, Presanctified Lit. 10 am; Salutations to the Theotokos, 7 pm

11  
**No liturgy** due to St. Patrick's parade; Great Vespers, 6 pm

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17  
9th Hr. 9:45 am, Presanctified Lit. 10 am; Salutations to the Theotokos, 7 pm

18

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24  
Vespers of the Annunciation of the Theotokos at Annunciation Church - CRANSTON, 7 pm

25  
Feast of the Annunciation, Orthros & Lit. HERE; Great Vespers 6 pm (fish permitted)

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31  
9th Hr. 9:45 am, Presanctified Lit. 10 am; Salutations to the Theotokos, 7 pm

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**Upcoming Events**

February 28th—Parish Council March Meeting will be Tues. 2/28, 7pm

March 4—Little Lambs, 10:30 am

March 13—Soup Kitchen, 5 pm

March 14—Daughters of Penelope Meeting 7 pm

March 14—Retirees Luncheon & Presentation, Noon

March 19—Parish General Assembly

**Regular Events**

Religious Education—Sundays, immediately after Holy Communion

Children's Greek School—Mondays, Tuesdays and Wednesdays, 4-6 pm and Thursdays, 4-5 pm

Adult Greek School—Mondays, 5-6 pm

Holy Confession—During Great Lent, Holy Confession is available after all evening services, except the Wednesday Presanctified Liturgy, and during office hours by appointment.

## REMEMBER THE FOOD BARREL

Let us remember the needy, not just during Great Lent, but throughout the year by making contributions to our **food barrel**. Besides serving the needy through our monthly soup kitchen, we continually assist the various local food programs through our food barrel ministry. Please make good choices for your donations, such as pasta, dried or canned beans, canned vegetables, peanut butter, infant formula, and any other nutritious, non-perishable food item. Please do not use the food barrel as a means of cleaning out “junk food” and other unwanted items from your pantries. Two baskets are conveniently located for your donations – one on the left side of the Narthex, and one in the foyer of the church hall. May God bless our cheerful donors!

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## NO PRE-LENTEN GLENDI THIS YEAR

For those who may be wondering, we would like to explain why we did not hold our annual pre-Lenten Glendi in February. We have traditionally held this event on Meatfare Sunday, which this year fell on 2/26. That was the last day of the winter school break, so we knew that many families would just be returning to town. To have moved the Glendi to the prior Sunday, 2/19, would have been the beginning of the winter break, and therefore, another bad choice. Instead of having an event with extremely low turn out, it only made sense to pass for this year.

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## RETIREES LUNCHEON & PRESENTATION

We would like to thank the Steve and Greg Mellekas of *Mel's Lunch* for providing the lunch at our February gathering. Our next luncheon and presentation will be on **Tuesday, 3/14 at 12 noon** (topic to be announced). Please join us for an enjoyable afternoon of food and fellowship.

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## PHILOTOCHOS NEWS

To all Graduating Seniors:

Please look for Philoptochos Scholarship Applications in your schools beginning in February. If you attend a private school and need an application, please contact Elaine Brown at 849-3480 (please note corrected phone number from last month's bulletin).

The Philoptochos will host a Lenten Dinner on Wednesday, March 15th, following the Presanctified Liturgy.

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## LITTLE LAMBS GROUP

The next Little Lambs Group meeting will be Friday, March 4th at 10:30 am either in the church hall or downstairs in the Preschool room. Any mothers or fathers with Pre-K age children, please plan to join us for fellowship. Please contact Ourania Stefanopoulos at 846-7086 with questions.

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## CHURCH SERVICE CANCELLATIONS

As we have in the past during the winter months, we will be announcing service cancellations on the voice mail system of the church. You may access this information 24 hours a day by calling the church, then choosing menu selection #4, *"additional services for the current week."* Please note that sometimes cancellations are not posted until the morning of a service, so please double-check before departing from home.

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## RELIGIOUS EDUCATION NEWS

March is going to be a busy month for the Religious Education children. On March 5th, those children in grades 3-6, will be participating in the Elementary Oratorical Festival. The children will speak in the hall with a luncheon hosted by the families of the children.

On March 12th, there will be no classes. The children are asked to bring in their icons from home in order to process around the church with them for the Sunday of Orthodoxy.

On March 19th, the older children will be participating in the Senior Oratorical Festival. A luncheon will be held, which will include information about the summer camp in NH. This information was to be shared in a February coffee hour, but was not held due to the snow storm.

Also, on March 26th, there will be no classes due to the Sunday of the Cross. All children stay in church for this service.

Thanks, Marianne Menas

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## PARISH COUNCIL NEWS

The next Parish Council meeting will take place Tuesday, February 28, 2006 at 7:00. The new 2006 Parish Council met Tuesday, February 8. The following items were discussed:

1. The date of the General Assembly will be on Sunday, March 19 following Liturgy.
2. The Stewardship Report was reviewed.
3. The maintenance of the church, roof repair, the office and managing of the kitchen.
4. The Parish Council will be hosting a meal for the first Presanctified Liturgy that will be held on Wednesday, March 8.

Please contact any Parish Council members with any concerns.

Thank you,  
Steven J Mellekas  
Parish Council President

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## GREEK INDEPENDENCE DAY

The annual observance of Greek Independence Day at the State House in Providence, will take place on **Tuesday, 3/28 at 4:30 pm**. As in the past, a reception will follow at the church hall of the Annunciation in Cranston. Come be a part of this important celebration, and also to hear our youth from throughout the state making their presentations.

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## STEWARDSHIP REPORT

On behalf of the St. Spyridon family, I would like to take the opportunity to thank the 2005 Stewards who have generously and graciously supported the work of our beloved parish with financial gifts. If your name has been inadvertently omitted from the list on the following page, please accept my sincerest apologies and contact me as soon as possible. Please note that some financial stewards have requested that their names not be listed herein, and we have accommodated their request.

At the same, we must also thank our many devoted Stewards who give every day of their time and talent in meeting the needs of our church, many times anonymously, without expecting recognition. Thank you once again!!

The Stewardship packages for 2006 will be in the mail very shortly, so please keep a look out for them, and try your best to return them to the church office as soon as possible.

Zoe Adamedes  
274-1316  
zadamedes@yahoo.com

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## THANK YOU TO ST. SPYRIDON'S 2005 STEWARDS

*A*

Mr. & Mrs Tom Adamedes  
 Ms. Zoe Adamedes  
 Dr. Fran Alexakos  
 Mr. John Agias  
 Mr. & Mrs. Telly Amarat  
 Mr. & Mrs. George Anagnostos  
 Mr. & Mrs. David Anagnostos  
 Mrs. Stella Parkos Antonio  
 Dr. Peter Antonopoulos and Dr.  
 Ellen Spielberg

*B*

Mrs. Ionna Bairos-Moreau  
 Mr. & Mrs Canelo Bartis  
 Mrs. Zina Bashlayeva  
 Mr. & Mrs. Peter Bitzileos  
 Mr. & Mrs. Nick Bonafas  
 Mr. & Mrs. Dem o Borodem os  
 Mr. & Mrs. Gregory Borodem os  
 Mr. James Borodem os  
 Mrs. Elaine Brown

*C*

Mr. Steve Caminis  
 Mr. & Mrs. Gregory Canale  
 Mr. & Mrs. John Caragianis  
 Mr. Alson Castonguay  
 Mrs. Mary Champion  
 Mr. Chris Christopher  
 Mrs. Frances Christopher  
 Mr. & Mrs. Dino Christy  
 Mr. & Mrs. William Christy  
 Mr. & Mrs. Matthew Christy

Mr. & Mrs. Clyde Coffield  
 Mr. Michael Coffield  
 Col. & Mrs. Tom Connally  
 Mr. & Mrs. John Cooper  
 Mr. & Mrs. Ted Cotatgis  
 Mrs. Susan Cotsoridis  
 Mr. & Mrs. Dino Cotsoridis  
 Mr. & Mrs. Ted Cotsoridis  
 Mrs. Irene Cotsoridis  
 Mr. Paul Cotsoridis

*D*

Ms. Mary Daglis  
 Mr. Bill Dedreux  
 Mr. Harold Demopoulos  
 Mr. & Mrs. Gregory Dragon  
 Fr. & Pres. Anthony Evangelatos

*F*

Mr. & Mrs. David Farias  
 Mr. & Mrs. Francis Flowers  
 Mr. & Mrs. Frank Fowler

*G*

Mr. & Mrs. Athanasios Gatos  
 Mr. Jim George  
 Mr. & Mrs. Costa Gianetis  
 Mr. & Mrs. Tom Gianetis  
 Mr. Paul Gianiotis  
 Mr. & Mrs. Evangelos  
 Giannopoulos

*H*

Mr. & Mrs. Peter Harrigan  
 Ms. Penny Hiotas

Mr. & Mrs. Charles Holder  
 Ms. Rita Hologittas  
 Mr. Gus & Dr. Joan Hologittas

*J*

Mr. Emmanuel Janaros  
 Mr. & Mrs. Peter Janaros  
 Mr. David Jasinski  
 Mr. & Mrs. Steve Jennings  
 Mrs. Bessie Jax  
 Mr. & Mrs. John Johnson

*K*

Dr. & Mrs. Christos Kapogiannis  
 Mrs. Katherine Karanikolas  
 Mr. & Mrs. Nick Karanikolas  
 Mrs. Angela Kempenaar  
 Mr. & Mrs. Kyril Korolenko  
 Mrs. Ariadne Kostarides  
 Ms. Catherine Koulouvardis  
 Mr. George Koulouvardis  
 Mr. & Mrs. Harry Koulouvardis  
 Mr. John Koulouvardis (of  
 blessed memory)  
 Mrs. Christine Krones  
 Mrs. Rose Kutsaftis  
 Mr. & Mrs. Anthony Kutsaftis  
 Mr. Michael Kutsaftis  
 Mr. James Kutsaftis  
 Mr. & Mrs. Harry Kyriakidis  
 Mr. Peter Kyriakidis

*L*

Mrs. Esther Lascaris-Viveiros  
 Mr. Peter Lazar



Mr. & Mrs. Gerard Levesque  
 Mr. James Lewis  
 Ms. Marea Lewis  
 Mr. Sturgis Lewis  
 Mr. T. Theodore Lewis  
 Mr. & Mrs. Constantine  
 Logothets

*M*

Mr. & Mrs. Steve McDonald  
 Mr. & Mrs. Anton Mandros  
 Mr. & Mrs. Denis Martland  
 Mr. & Mrs. Spyridon Mearas  
 Mrs. Kay Medeiros  
 Mrs. John Meiczinger  
 Mr. & Mrs. Charles Mellekas  
 (Charles of blessed memory)  
 Mr. & Mrs. John Mellekas  
 Mr. & Mrs. Greg Mellekas  
 Mr. & Mrs. James Mellekas  
 Mr. & Mrs. Steve Mellekas  
 Mr. & Mrs. George Menas  
 Ms. Marianne Menas  
 Mr. Francine Menas  
 Mr. & Mrs. Arthur Michael  
 Mr. John Michael  
 Mr. & Mrs. Michael Mihos  
 Mr. & Mrs. Anthony Moisiadis

*N*

Mrs. Helen Nelson  
 Mr. & Mrs. Thomas Nichols

*P*

Mr. & Mrs. Basile  
 Panoutsopoulos  
 Mr. & Mrs. Antonios Panteleos  
 Mr. & Mrs. Leon Panteleos  
 Ms. Jaclyn Parkos  
 Ms. Barbara Parkos  
 Mr. & Mrs. Greg Parkos  
 Mr. & Mrs. Doukas Pasyanos, Sr.  
 Mr. Nick Pasyanos  
 Ms. Gail Perry  
 Mr. & Mrs. Peter Petropoulos  
 Mr. & Mrs. George Petropoulos  
 Mr. Christy Petropoulos  
 Mr. & Mrs. Peter Petrou  
 Mr. & Mrs. Chris Psilos  
 Mr. & Mrs. Haralambos Psilos

*R*

Mrs. Jan Rozes  
 Dr. James Rozes  
 Mr. & Mrs. John Rozes  
 Mrs. Mary Rozes  
 Mr. Kom es Rozes

*S*

Mr. Michael Sisak  
 Mr. & Mrs. Charles Soliozy  
 Mr. & Mrs. Kyriakos Spanos  
 Mr. & Mrs. Nick Spentzos  
 Mr. & Mrs. George Spiratos  
 Mr. & Mrs. Adam St. Peter

Mr. & Mrs. Athanasios  
 Stefanopoulos  
 Mr. & Mrs. Chris Stefanopoulos  
 Ms. Despina Stefanopoulos  
 Ms. Georgia Stefanopoulos  
 Mr. & Mrs. Patrick Sullivan  
 Mrs. Athena Stoupis  
 Mrs. Eva Stoupis

*T*

Mr. & Mrs. James Tasso  
 Mrs. Koula Tsaparas

*V*

Dr. & Mrs. Ernest Violet  
 Mr. & Mrs. Melachrino Violet  
 Mr. & Mrs. James Violet  
 Mrs. Stella Volpicelli  
 Ms. Angela Volpicelli

*W-Y-Z*

Mrs. Mersina Christopher Walsh  
 Mr. & Mrs. Richard Wingert  
 Mrs. Georgia Young  
 Mr. Kim on Zarakostas

## IN OUR PARISH

Baptism: *Christian Keith Asters-Genga*, son of John Asters & Sharon Genga, was baptized on 2/11 and given the name *Efstratios*. He is the grandson and great-grandson of parishioners Phyllis Mellekas, and Anna and the late Charles Mellekas. His sponsor is his uncle, Michael Asters. May he live many years!

Wedding: *Dino Spentzos & Janet Bowers* were married on 2/4. Their sponsor is the groom's cousin, Eve Tselepatiotis of Chicago, IL. May they live many years!

Death: *Athena Stoupis* fell asleep in the Lord on 2/12, and was buried on 2/17. The funeral and burial occurred through St. Spyridon Cathedral of Worcester, MA, where the other family members have been laid to rest. May her memory be eternal!

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## DAUGHTERS OF PENELOPE

The next meeting of the Daughters of Penelope will be held on TUESDAY, MARCH 14th at 7 p.m. at the Ahepa H ousing.

Plans are underway for our Palm Sunday Fish Dinner which will be held on SUNDAY, APRIL 16th. Donations are needed.-Please come to the meeting and offer your assistance or call the President Ellen Anagnostos for information.

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*In loving memory of  
Gredo Vincent  
Volpicelli*

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