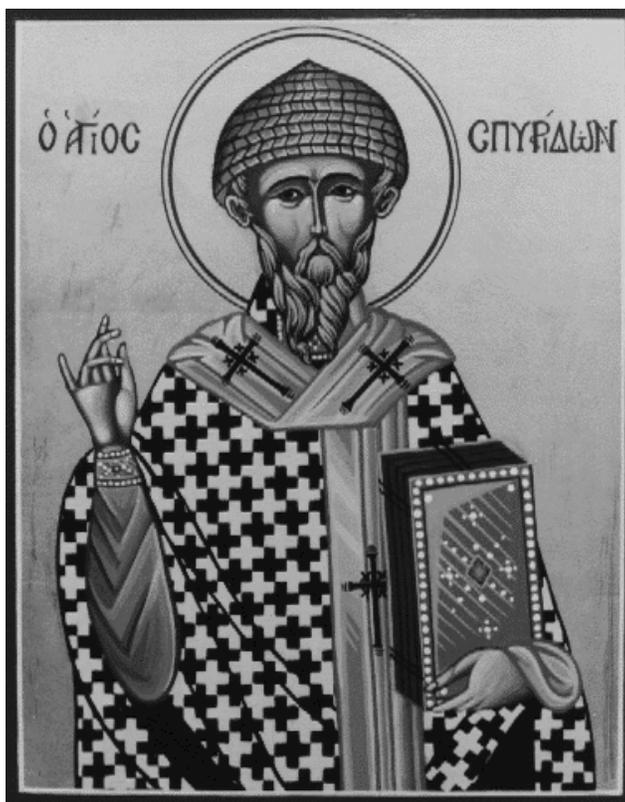


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THE SAINT SPYRIDON VOICE  
MARCH 2007

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Saint Spyridon Greek Orthodox Church  
PO Box 427  
Newport, RI 02840  
tel: (401) 846-0555, fax: (401) 841-0960  
[www.stspyridonchurch.org](http://www.stspyridonchurch.org)

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**SAINT SPYRIDON GREEK ORTHODOX CHURCH**
[www.stspyridonchurch.org](http://www.stspyridonchurch.org)
**Reverend Presbyter Anthony Evangelatos**
[franthy@stspyridonchurch.org](mailto:franthy@stspyridonchurch.org)
**Office Hours**

Priest: Tuesday—Friday, 9 am—3 pm

Church secretary, Ellen Anagnostos: Tuesday &amp; Thursday, 9 am—1 pm

**Parish Council President:**

Tom Nichols

**Chanters:** George Spiratos

Basile Panoutsopoulos

**Choir Director:** Paul Cotsoridis

**Organist:** Jane Iandolo

**Religious Education :** Marianne Menas

**Stewardship:** Zoe Adamedes

**Philoptochos President:** Zinovia Canale

**Acolytes:** James Mellekas

**GOYA President:** James Mellekas

**JOY Advisor:** Sandy Giannopoulos

**Greek School:**

Loula Eliopoulos

Basile Panoutsopoulos (adult classes)

**Bulletin:** Aliko Cooper

(alikooper@yahoo.com)

**Affiliated Organizations**
**AHEPA President:** Basile Panoutsopoulos

**Daughters of Penelope President:**

Ellen Anagnostos

**Island of Skiathos Organization:**

Christina Logothets

## SERVICE TIMES

**Sunday Winter Hours** Orthros 8:45 am Divine Liturgy 10 am

## Service Times During Great Lent:

Mondays – Great Compline, 7:00 pm

Wednesdays – 9th Hour, 5:15 pm, Liturgy of the Presanctified Gifts, 5:30 pm

Fridays – 9th Hour, 9:45 am, Liturgy of the Presanctified Gifts, 10:00 am; Salutations to the Theotokos, 7:00 pm

Saturdays – Great Vespers, 6:00 pm

Note: During Great Lent, Holy Confession is available after all evenings services, except the Presanctified Liturgy, and during office hours by appointment.

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## FROM THE DESK OF FATHER ANTHONY

Whenever we read Orthodox authors on the topic of Great Lent, we are constantly reminded that Lent is something we *live* and *experience*. They typically point out that the Fast is not meant to be a time of legalistic compliance, but rather, a temporary change of lifestyle and attitude, so that our primary focus will be on God and our relationship with Him. Our Holy Tradition has given us this gift of Great Lent so that we may be spiritually cleansed and renewed in preparation for Holy Pascha. In order to truly celebrate a pure and holy Pascha, we must preface it with a sincere and fruitful Lenten experience.

Over the years, I have seen a variety of approaches to Great Lent. Some of our brethren have the idea that Lent basically means eating a certain way, or at least trying to make the various dietary accommodations, especially during the first week and Holy Week. Others shun the practice of fasting, thinking that it is an archaic and impractical burden. Some seem to be inspired by certain Lenten services, and begin coming to church regularly for one or more of these services. A great number of Orthodox Christians only come on the Sundays of Great Lent, thinking that Lent is somehow encapsulated within the Sunday morning services alone. (Ironically, there is hardly anything “Lenten” about the Saturdays and the Sunday mornings of Lent, so this group never experiences Great Lent, liturgically speaking.) Now here, a question must be asked: In all cases, do we attempt to make Great Lent a *daily* and *life-transforming* experience?

In reality, a truly thorough Lenten experience would incorporate much more than changing one’s diet, and attending church periodically. To take Lent seriously, one would need to have prepared for the coming Fast during the three preparatory weeks prior to the commencement of Great Lent. As we’ve mentioned many times, this three-week period presents the basic Lenten themes through Gospel parables and the rich hymnography of the Church. If we have taken these themes to heart, by the time Clean Monday arrived we should have been in the right mind-set for the ascetic struggle ahead.

Those who take Great Lent seriously know that it is necessary to make various alterations to one’s daily routine. A “Lenten lifestyle” must include ample time for quality prayer opportunities. Prayer is definitely the starting point, because without God’s help we are setting ourselves up for failure and frustration before even getting close to Holy Week. Let us remember that sincere prayer is *communion* with God. During Lent, we curb entertainment and other worldly distractions in order to rediscover and accentuate this inborn need for communion with the Creator. Besides private prayer though, we must remember that prayer *par excellence*, occurs in the divine services of the Church. For Lent to be a prayerful experience, it goes without saying that we must find it in ourselves to strive for greater liturgical participation during the various weekday Lenten services.

The venerable practice of fasting must co-exist with our prayer life. If we insist on approaching the Fast with negativity each year, then this proves that we still haven’t

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found within ourselves, how to prayerfully and joyfully prepare for Great Lent. Through proper preparation, we hopefully can begin to understand the immense spiritual benefits of fasting. It must be emphasized, that appropriate guidance and direction from our spiritual father is definitely needed when we are inexperienced with fasting. As I recently stated in church on the Sunday of Forgiveness, if we've never really fasted during Lent, then perhaps it would be wise to attempt a Monday, Wednesday and Friday fasting routine as a starting point. Guidance is also necessary in situations where there are health concerns, or when one is married to a non-Orthodox spouse with different or non-existent Lenten traditions.

Charitable giving and good works are another important aspect of our Lenten experience. If we are to *grow* in Christ during this holy season, we must *see* Christ in our fellow man. Lent is not a time for us to curl up into our own private cocoon. The ascetic struggle of Great Lent must include good works. We were reminded of this very clearly by the Gospel reading on the Sunday of the Last Judgement: "... 'Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?' ... 'Truly I say to you, inasmuch as you did it not to one of the least of these, you did it not to me' ..." (Mt 25:44-45).

Lastly, beloved in Christ, there can be no fruitful result from our Lenten experience without *repentance and forgiveness*. The last Sunday before entering Lent is called the Sunday of Forgiveness, in order to remind us of the need to forgive others and ask for forgiveness prior to entering the Fast. If we do not enter Great Lent with the humbled and repentant heart of both the Publican and the Prodigal Son, nor seek reconciliation with God during the Fast through Holy Confession, then any effort we put into Great Lent will be for naught. The entire Lenten struggle is meant to cleanse the soul in order to regain Paradise through the Crucified and Resurrected Christ. Everything mentioned above will aid in bringing about this cleansing, which can only be sealed through the Holy Mystery of Confession. Sadly, the majority of us are completely remiss in our participation in this saving act.

Beloved in Christ, hopefully we have come to realize that Lent is truly comprised of various labors, none of which are overly difficult or impossible to accomplish. The goal of Lent can be achieved through our personal commitment to Christ and our salvation. We were created with a free will with the ability to choose good or evil, right or wrong. If we are truly seeking salvation and the Kingdom of Heaven, then let us all pick up our cross and continue the true Lenten journey offered by the Church, and not some alternate journey of our own misguided conjecture.

In Christ's love,  
+Fr. Anthony

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## LENTEN FASTING GUIDELINES

- Great Lent & Holy Week: *strict fast* – no animal products permitted, including fish; wine (all alcohol) & olive oil also not permitted, except on Saturdays & Sundays; shellfish permitted daily\*
- Weekday fasting during Lent: some say that we should reduce the amount of food eaten, and if possible, take less than 3 meals per day
- Weekend fasting: does not require a reduction of amount of food, or number of meals taken

\*Three exceptions to the above are, 1) the feast of the Annunciation (3/25) on which we are permitted fish, wine & olive oil, 2) Palm Sunday, on which we are again permitted fish, wine & olive oil, and 3) Holy Saturday, a *strict fast* with neither olive oil nor wine permitted.

Again, let me remind everyone of the great spiritual benefit of fasting, *only* when combined with intensified prayer and charitable works. In addition, let us remember that the above rules are the traditionally accepted and most ideal for keeping the fast, for those with no health concerns. Please see these as a *starting point* and revise as needed, especially the infirm, the elderly, expectant or nursing mothers, growing children, etc. Your spiritual father can guide you accordingly, to help you keep both a *spiritual and physical* fast.

+Fr. Anthony

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## IN APPRECIATION

We are pleased to announce that Greg Parkos of Venice, California, has fully donated the cost of repairing and refinishing the three front doors of the church, as well as the side alley door. We truly appreciate his on-going generosity and love for his home parish. The work on the doors was done by Greg Borodemos of Astro Construction, with excellent results. We also would like to thank Greg Borodemos for his own donation of the repairing and refinishing of the alley door of the church hall, which was also in a state of disrepair. May God bless both of these most generous stewards of our church.

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## ITEMS NEEDED FOR GREAT LENT, HOLY WEEK & PASCHA

Following are items needed during this holiest of seasons. Please consider donating one or more items, in order to help defray some of the expenses. All items have been pre-ordered, so please make your check payable to St. Spyridon, noting item on memo line.

- Flowers for Veneration of Holy Cross - \$300
- Flowers for icon of Virgin Mary for Akathist Hymn - \$50
- Palm strips and branches for Palm Sunday - \$50
- Bay laurel leaves for Holy Saturday - \$40
- Flowers for icon of the Nymphios - \$100 (already donated)
- Extra-virgin olive oil, flour & cotton balls for the Efheleon – (already donated)
- Floral wreath for crucified Christ (Holy Thursday evening) - \$50 (already donated)
- 15 beeswax lampades for Cross & 12 Gospels (Holy Thursday evening) - \$20
- 7 beeswax lampades for Epitaphios & Cross (Holy Friday) - \$10
- Flowers for the banner of the Resurrection - \$60
- Flowers for the icon of the Resurrection - \$50
- Floral arrangements for brass candelabra - \$40 each
- 18 doz. eggs for the Anastasi & Agape – (already donated)
- Epitaphios flowers & potted flowers for the Anastasi (lilies, etc.) – **This is our largest, single expense; your generous donations would be greatly appreciated!**

Your donation for any of the above may be left in the basket on the information table in the hall, or mailed to the office. Thank you in advance for your generosity and love for the house of the Lord!

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## RETIRES LUNCHEON & PRESENTATION

Our next retirees luncheon and presentation will take place on **Tuesday, 3/13, at 12 noon.** Please come and enjoy the good food, fellowship, and quality presentations that our regular attendees have enjoyed for the past few years. We wish to thank Chris Young of *Nikolas Pizza*, for providing the lunch for our February gathering.

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## MYRRHBEARERS FOR HOLY FRIDAY

Again this year, we invite young girls to assume the role of myrrhbearer for the solemn observances of Holy Friday. Girls available for the afternoon service at 3:00 pm will be part of the procession with the Epitaphios, carrying fragrant water and rose petals for the burial. In the evening service, the myrrhbearers throw petals upon the Tomb during the lamentations, and take part in the procession. In order to participate, girls need to be well-behaved, and old enough to endure the long services and late hours. All myrrhbearers need a white dress, white gloves, and white hose and shoes. To participate, please contact Betty Jennings at 253-0308.

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## CONCERT TO HONOR METROPOLITAN METHODIOS

*The Rachmaninoff Festival Choir* will present the “Liturgy of St. John Chrysostom” in honor of Met. Methodios’ 25<sup>th</sup> anniversary to the episcopacy:

Saturday, 3/10 at 7:30 pm **and**

Sunday 3/11 at 3 pm

The Annunciation Greek Orthodox Cathedral of Boston.

A reception will follow each concert. Tickets are \$25; please make check payable to “Metropolis of Boston” and mail to Rachmaninoff Concert, Metropolis of Boston, 162 Goddard Ave., Brookline, MA 02445. Make sure to indicate date of concert.

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## SERVICE CANCELLATIONS

As we do each winter, service cancellations on bad weather days will be announced on the church voice mail system. Simply call the church at 846-0555, and select #4 on the main menu – “*additional services for the current week.*” Make sure to check before departing for church, since the decision to cancel is usually made in the morning, or late afternoon for evening services.

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## THE SACRAMENT OF PENANCE & CONFESSION OF SINS

*(The following has been taken from the March 2007 edition of Christian Light – the monthly newsletter of the Assumption Greek Orthodox Church of Pawtucket.)*

Penance is a sacramental act through which we are reconciled with God when sin has severed our relationship with Him and the Church. The Sacrament of Penance takes us back to our Baptism when we were cleansed of our sins and we became members of the Body of Christ, the Church. In the Tradition of the Holy Orthodox Church, Penance is indeed considered a return to our baptism when we were initiated into the fullness of life in communion with God.

There are conditions that make the Sacrament of Penance a living and life-giving experience for the person seeking to re-establish full communion with God through His Son, our Lord and Saviour Jesus Christ, who died on the cross for the expiation of our sins. The first condition is Repentance or Contrition, that is, feeling sorrow for our sins. Repentance must come from the depths of our hearts. Without the true feeling of sorrow, Penance is no more than a mere ritual formality, and indeed hypocrisy. The second condition is Confession, an open and full acknowledgment of our sins. “*First declare your iniquities and you will be justified*” (Isaiah 43:26). To be worthy of God’s forgiveness, we must confess our mistakes sincerely and from the heart with love and with faith. It is a grave (mortal) sin when we knowingly hide a sin and refuse to confess it.

The third condition of the Sacrament of Confession is the Absolution through which the penitent receives God’s forgiveness through Christ and His successors on earth, the priests. The absolution may involve what is often called an act of penance as reparation for sins committed. The act or acts of penance designated by the Church depends on the number and severity of the sins. The penitent must accept and fulfill the assigned acts of penance willingly and cheerfully, not as a punishment but as a way of rebuilding one’s spiritual and moral life, which was weakened by sin. Acts of penance may include a longer period of daily prayer, fasting, clearly understood and focused sacrifices, defined works of charity, and in the case of very grave sins, suspension of Holy Communion for a period of time.

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Looking at the Sacrament of penance as a journey from a state of broken relationship with God caused by sin to a state of reconciliation of the penitent with God and his fellow human beings, the last and ultimate act of the penitent is the reception of Holy Communion, the Body and Blood of our Lord and Saviour Jesus Christ, which He offered to all humanity for all times to cleanse us from our sins and to restore our broken relationship with our Heavenly Father. Let us in the coming weeks reflect on our relationship with Almighty God and our brothers and sisters in Christ and come forward and confess our sins humbly and with repentance so that we may be reconciled with God and each other. Then we can worthily receive him in the Blessed Sacrament of Holy Communion during Holy Week and Pascha.

*“If you bring your gift to the altar, and there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother, and then come and offer your gift.” (Matt. 5:23-24)*

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## CONFESSION SCHEDULE

During Great Lent and Holy Week, Fr. Anthony will be available to hear confessions as follows:

- Great Lent – after all evening services, except the Presanctified Liturgy, and by appointment during office hours
- Holy Week – after each evening service through Holy Thursday, and by appointment during office hours on Holy Monday, Wednesday and Thursday

Please do not neglect this most important holy mystery of our Church. Come and unburden yourself of all those sins, great and small, that hinder our salvation. If possible, try to come before Holy Week for everyone’s expedience.

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# MARCH 2007

**Sun****Mon****Tue****Wed****Thu**

1

*this month: strict fast – no animal products;  
wine & olive oil permitted on Sat. & Sun.*

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4 St. Gregory Palamas; Pan-Orthodox Lenten Vespers, Dormition- Cumberland, 5 pm	5 Great Compline, 7 pm	6	7 9th Hr. 5:15 pm, Presanctified Lit. 5:30 pm	8
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11 Veneration of the Holy Cross; Pan-Orthodox Lenten Vespers, St. Mary- Pawtucket, 5 pm	12 Great Compline, 7 pm	13	14 9th Hr. 5:15 pm, Presanctified Lit. 5:30 pm	15
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18 St. John Climacus; Pan- Orthodox Lenten Vespers, St. John-Woonsocket, 5 pm	19 Great Compline, 7 pm	20	21 9th Hr. 5:15 pm, Presanctified Lit. 5:30 pm	22
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25 Annunciation of the Theotokos; Pan-Orthodox Lenten Vespers, Sts. Mary & Mena-Cranston, 5 pm	26 Great Compline, 7 pm	27	28 9th Hr. 5:15 pm, Presanctified Lit. 5:30 pm	29
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**Fri**

**Sat**

2  
9th Hr. 9:45 am,  
Presanctified Lit. 10 am;

Salutations to the  
Theotokos, 7 pm

9 9th Hr. 9:45 am,  
Presanctified Lit. 10 am;  
40 Martyrs of Sebasteia,  
*(wine & olive oil allowed)*  
Salutations to the  
Theotokos, 7 pm

16  
9th Hr. 9:45 am,  
Presanctified Lit. 10 am;

Salutations to the  
Theotokos, 7 pm

23  
9th Hr. 9:45 am,  
Presanctified Lit. 10 am;

Akathist Hymn, 7 pm

30

Fr. Anthony on pilgrimage

3  
Great Vespers, 6 pm

10  
Great Vespers, 6 pm

17  
Great Vespers, 6 pm

24  
Vespers of the  
Annunciation in  
CRANSTON, 7 pm

31  
Sat. of Lazarus, Orthros &  
Lit.

Great Vespers, 6 pm

**Upcoming Events**

March 6—Parish Council, 7 pm

March 12—Soup Kitchen, 5 pm

March 13—Retirees Luncheon &  
Presentation, 12 noon

March 13—Daughters of Penelope  
Meeting, Ahepa Housing, 7 pm

March 27—Greek Independence  
Observance, State House, 4 pm

**Regular Events**

Religious Education—Sundays,  
immediately after Holy Communion

Children’s Greek School— Mondays,  
Tuesdays and Wednesdays, 4-6 pm  
and Thursdays, 4-5 pm

Adult Greek School—Mondays, 5-6  
pm

Holy Confession: During Great Lent  
confession is available after each  
evening service, except Wednesdays,  
or during office hours by appointment.

## LENTEN REFLECTIONS

(The following is taken from *The Lenten Spring* by Fr. Thomas Hopko, SVS Press 1983)

### *O Lord and Master of My Life*

*“The lenten prayer par excellence in the Orthodox Church is the prayer of St. Ephraim of Syria. It is chanted at every lenten service, sometimes more than once. For many people, the spirit of Lent, the very breath of the lenten spring, is contained in this brief prayer.*

*O Lord and Master of my life, take from me the spirit of sloth, despair,  
lust of power and idle talk;  
But grant rather the spirit of chastity, humility, patience and love to  
Thy servant.  
Yea, O Lord and King, grant me to see my own transgression and not  
judge my brother, for blessed art Thou, unto ages of ages. Amen.*

*The prayer of St. Ephraim is translated into English in many different ways. Almost all mistranslate the first sentence, as we have quoted above. The prayer does not say ‘take from me’ the spirit of sloth. It says rather ‘do not give to me.’ This small point is an important one. It reminds us that everything is from God, good things and bad. It underscores the critical fact that even the evil spirits, and not only the good, are in God’s hands. It emphasizes the truth that God is the God of everything: light and darkness, good and evil, angels and devils, life and death. All things are in God’s hands, and He is the Lord over all.”*

### *My Soul, My Soul – Arise!*

*“ The lenten season is a time for labor and effort. It is a season when we strive to energize ourselves, to wake ourselves up, to motivate ourselves to spiritual feats. It is a time when we declare a conscious struggle against sloth, and beg the Lord not to give us this evil spirit, but to take it from us when we are caught in its snares.*

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*My soul, my soul – arise! Why are you sleeping? The end is at hand; destruction hangs over you. Come again to your senses that you may be spared by Christ our God, who is everywhere, filling all things.  
(Kontakion of the Canon of St. Andrew of Crete)*

*...A person who loves the Lord and lives with Him will never be idle. He will always be working. He will never be spiritually weary in well-doing, for he does not labor by his own efforts and powers but by the grace and strength of his Master. Thus, a person who is spiritually exhausted is the gravest of sinners...*

*During Great Lent we work to wake up and to overcome our weariness. We labor to come alive and to conquer our laziness. We strive to come to our senses and to displace the spirit of sloth with the uncreated energies of God which are given through His Spirit to those who love Him..."*

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## CHURCH BOOKSTORE

The bookstore carries, books, icons, compact discs, incense, and many other items related to the Christian Orthodox faith and Hellenic topics. Specifically, during Great Lent, you might be interested in:

- Holy Week Books
- Salutation Services Books
- Books for Children and Adults
- Books on History and Theology of the Orthodox Christian Faith.
- Icons and Incense.

Most of the items are difficult to find in local bookstores. The prices are printed on the items. If you need an item that is not available or for further information, please ask Basile or email ([Basile.Panoutsopoulos@verizon.net](mailto:Basile.Panoutsopoulos@verizon.net)).

The bookstore operates on the honor system; leave the money or check (payable to St. Spyridon, with the indication Bookstore) in the basket between the two tables.

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## PARISH COUNCIL NEWS

The Parish Council met on February 6, 2007. The Council had a brief and productive meeting with members of the Endowment Committee. A committee was also formed to look into repairs needed to the church structure.

We would also like to remind potential volunteers that it's not too early to start thinking about Hellenic Fest!

The next Parish Council meeting will take place at 7 pm on Tuesday, March 6, 2007. Please feel free to approach any member of the Council with items for the agenda.

Tom Nichols  
President

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## HELP "AGHIA SOPHIA" BECOME A CHURCH AGAIN

*(The following was included in a bulletin last year, however, there had been a problem with the listed website for some time. It is now "up and running," so please read carefully and take appropriate action.)*

The European Union Parliament is pressuring Turkey to restore the famous "Aghia Sophia" Cathedral – the queen and prototype of all Byzantine temples – to the Ecumenical Patriarchate to be a functioning cathedral again, instead of a museum. This is one of the prerequisites to allow entry into the European Union, which the nation of Turkey very much desires. The EU Parliament is requiring 1,000,000 signatures in order to proceed. You may cast your vote through the official website:

**[www.hagiasophiablog.com](http://www.hagiasophiablog.com)**

Please pass this information along to anyone else who would like to see this happen. Become part of history by helping to fulfill a desire that the Orthodox Church has had for centuries. We finally have a chance to make a difference!

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## PHILOPTOCHOS NEWS

Attention senior high school students! Applications for the Philoptochos Scholarship are now in area schools. **The deadline for submission is April 5, 2007.** If you have any questions, please feel free to ask any Philoptochos Board Member.

For your information, annual dues are now due. You may forward checks made out to St. Spyridon Philoptochos (\$20.00) to:

Ionna Bairos-Moreau  
96 Sherwood Terrace  
Portsmouth, RI 02871

As always new members are welcome.

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## SOUP KITCHEN NEWS

The Soup Kitchen committee would like to sincerely thank our Philoptochos Society for preparing and serving for the February Soup Kitchen, at which 60 guests attended. Our March Soup Kitchen will be held on Monday, 3/12. For those who would like to help, please arrive at 4 pm to assist with set-up and other preparations as needed.

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## FOCUS ON YOUTH

We recently had a few youth activities which we would like to highlight:

On Sunday 2/11, our JOY and GOYA groups enjoyed a movie in the church hall, preceded by hot dogs and hamburgers for lunch.

On Forgiveness Sunday, 2/18, our GOYANs hosted a *makaronada* fund-raiser in support of OCMC (Orthodox Christian Mission Center). We thank Greg and Steve Mellekas for providing the lunch, which was graciously served by the GOYA members.

On 2/28, our JOY group hosted the Lenten Supper after the Presanctified Liturgy.

On 3/4, our JOY group will participate in a service project of baking Lenten *koulourakia* for the coffee hours during the Fast. We thank Sandy Giannopoulos for providing the ingredients for this major baking project.

May God bless our children and keep them well!

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## THOUGHTS ON STEWARDSHIP

Very shortly, we will be receiving the 2007 Stewardship packets whereby we are all given the opportunity to give to the work of the Church, through our talents, our time, and of course, our financial gifts. Stewardship packets will also be available in the Narthex for those who are not on the Stewardship Mailing list but feel called to become Stewards for 2007.

The following illustration is appropriate for pledge time, as it contains several parallels with our own beloved St. Spyridon. Like the Euclid Avenue Baptist Church, we have been blessed with generous gifts in the form of our Endowment & Protulis Fund. But without the continuing and steady stewardship on the part of its members, our Church can only suffer. Please prayerfully consider your 2007 pledge and return it to the church as soon as possible.

### **TOO MUCH HELP FROM TOO FEW PEOPLE**

Donald F. Ackland and Robert Dean,

In Cleveland, Ohio, one will find the Euclid Avenue Baptist Church if it is still alive!

Financed largely by the Rockefeller family, John D. Rockefeller, Sr., gave most of the operating cost and \$250,000 as a gift for the building, then his son gave another \$250,000 in 1934.

At one time the church had a membership of 2,000, but it dwindled to 75 in 1956. A fair guess would be that it died from too much help from too few people.

Nothing will destroy a church as quickly as poor stewardship on the part of the members.

Finally, in last month's bulletin, the names of several 2006 stewards were inadvertently omitted. I deeply regret any confusion or embarrassment these omissions may have caused. Those faithful stewards are listed on the next page.

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Mr. James Borodemos  
Mr. & Mrs. Frank Fowler  
Mr. & Mrs. Antonios Panteleos  
Mr. & Mrs. Anthony Pyliotis  
Mrs. Eva Stoupis  
Dr. & Mrs. Ernest Violet

In closing, should you require a Stewardship Packet or a receipt for 2006, please contact me at your earliest convenience. As an aside, EVERY stewardship gift will be acknowledged by a receipt. Receipts for 2007 gifts received through 25 Feb 2007 should be mailed out within the next week. Thereafter, receipts will be mailed out on a monthly basis. Should you not receive a receipt, please contact me as well.

Zoe Adamedes  
[zadamedes@yahoo.com](mailto:zadamedes@yahoo.com)  
401-274-1316

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## IN OUR PARISH

Birth: A baby girl, *Eleni Irene*, was born to Gilbert Soares & Marianne Menas Soares on 1/26. She is the granddaughter of parishioners George & Irene Menas, and great-granddaughter of parishioner Frangoula Christopher. May she live many years!

Engagement: *Haralampos Daskas* of Corinth, Greece & *Athena Eliopoulos*, daughter of Aristides & Loula Eliopoulos, announced their engagement on 2/9. We congratulate the couple and their families, and wish them God's blessing as they prepare for their wedding.

Death: *Achilles Valtaras*, father of Anna Kyriakides, fell asleep in the Lord on 2/11 and was buried on 2/13. We express our condolences to Anna and her immediate and extended family. May his memory be eternal!

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## AHEPA NEWS

### **Journey To Greece Program**

The AHEPA Journey to Greece Program was a great success in 2006. We Invite You To Join Us for the 2007 Journey to Greece Program. It is a once-in-a-lifetime opportunity to earn college credit while learning about ancient and modern Greece. Visit the AHEPA web site: <http://www.ahepa.org/> and select "Journey to Greece".

### **Metropolis of Boston Camp**

The AHEPA announces a program to support children in the community who wish to attend the Metropolis of Boston Camp in New Hampshire. Limitations are \$100 per child and \$200 total for the program. Each summer there are 5 camp sessions starting the first week of July. Each session is one week long. Children experience a normal country camp experience as well as numerous Orthodox Christian and cultural programs and learning experiences. Of course, they also get to meet and develop friendships with the other 150 Greek and Pan Hellene camp goers from around New England. For more information on the camp, see <http://www.boston.goarch.org/youthoffice/bdc/>

### **Coffee Hour**

The local chapters of AHEPA and the Daughters offered the coffee hour on the occasion of the celebration of the Three Hierarchs - Greek Letters Day.

### **Invitation to Join**

An invitation is extended to all Hellenes and Philhellenes of the Newport area to join the local AHEPA 245 and Daughters of Penelope 49 chapters. Let all work together to preserve the Hellenic values. Meetings: Every second Tuesday of the month.

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## DAUGHTERS OF PENELOPE NEWS

The next meeting of the Daughters of Penelope will be held on TUESDAY, MARCH 13th in the meeting room of the Ahepa Housing at 7 pm. The Daughters will be hosting the Lenten Dinner after the Presanctified Liturgy on March 7th. All members are invited to attend.

We will again be hosting the Palm Sunday Fish Dinner on April 1st and hope that all our members will be available to assist in this very big undertaking.

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<p><i>In loving memory of</i> <b>Gredo Vincent</b> <i>Volpicelli</i></p>	<p><b>Order of AHEPA</b> Maud Howe Elliott Chapter No. 245 <b>Daughters of Penelope</b> Ares Chapter Number 49</p>	<p><b>Mel's Cafenio</b> 25 Broadway Newport 849-6420</p>
<p><i>With compliments of...</i> Dr. Joanne and Mr. C. Gus Hologgitas</p>	<p><b>Aquidneck Pizza</b> Breakfast • Lunch • Dinner 27 Aquidneck Avenue Middletown Take out orders: 849-3356 Daily 7am-12am, Fri &amp; Sat 7am-2am</p>	<p><b>Enthimia</b> <i>The Wedding and Baptism Store</i> Elegant Accessories 705 Washington Street Norwood, MA (781) 702-6034 <b>enthimia.com</b></p>
<p><b>Nikolas Pizza</b> 38 Memorial Blvd West Newport 849-6611</p>	<p><b>ASTRO CONSTRUCTION INC.</b> PO Box 522 Portsmouth, RI (401) 683-9120 Established 1954</p>	<p><b>CODDINGTON</b> <b>BREWING COMPANY</b> 210 Coddington Highway Middletown 847-6690</p>
<p>Compliments of the <b>ATLANTIC</b> <b>BEACH CLUB</b> 53 Purgatory Road Middletown 847-2750</p>	<p><b>A-1 Pizza</b> 306 Broadway Newport <b>Free Delivery</b> <b>849-2213</b></p>	<p><b>Rhea's Bed &amp; Breakfast</b> <i>Accommodations with jacuzzi's available!</i> 120 West Main Road Middletown <b>841-5560</b></p>
<p><i>Compliments of</i> <b>Island of Skiathos</b> <b>Organization</b> Established 1967</p>	<p><b>Flo's Drive-In</b> <i>Portsmouth</i> <b>Flo's Clam Shack</b> <i>Middletown</i> <i>Voted Best in Rhode Island!</i></p>	<p><b>The Mainstay Inn</b> 151 Admiral Kalbfus Road <i>Newport</i> <b>849-9880</b></p>
<p><b>This space available.</b> <b>Call church office.</b></p>	<p><i>Compliments of</i> <b>A Friend</b></p>	<p><b>PEQUOT PROPERTIES</b> <b>Dino Dart—Realtor</b> 711 Broad Street Ext. Waterford, CT 06385 Office: (860) 447-0345 Fax: (860) 444-6306 DinoD6969@aol.com</p>



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