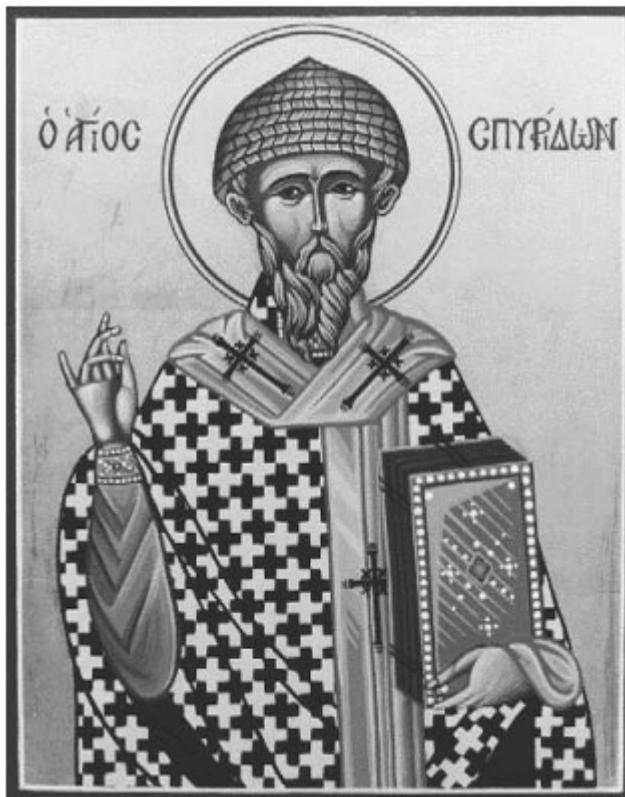

THE SAINT SPYRIDON VOICE
MARCH 2009



Saint Spyridon Greek Orthodox Church
PO Box 427
Newport, RI 02840
tel: (401) 846-0555, fax: (401) 841-0960
www.stspyridonchurch.org



SAINT SPYRIDON GREEK ORTHODOX CHURCH

www.stspyridonchurch.org

Reverend Dr. George E. Economou

frgeorge@stspyridonchurch.org

Office Hours

Priest: Tuesday & Thursday, 10 am—1 pm; For emergencies, call (401) 474-7700 (cell)

Church secretary, Ellen Anagnostos: Tuesday & Thursday, 9 am—1 pm

Parish Council President: Zoe Adamedes

Chanters: George Spiratos

Basile Panoutsopoulos

Choir Director: Paul Cotsoridis

Organist: Jane Iandolo

Religious Education: Marianne Menas

Stewardship: Zoe Adamedes

Philoptochos President: Elaine Brown

Acolytes: James Mellekas

GOYA President: James Mellekas

JOY Advisor: Sandy Giannopoulos

Greek School:

Loula Eliopoulos

Basile Panoutsopoulos (adult classes)

Soup Kitchen: To be announced

Bulletin: Aliko Cooper

(alikooper@yahoo.com)

Affiliated Organizations

AHEPA President: Basile Panoutsopoulos

Daughters of Penelope President:

Ellen Anagnostos

Island of Skiathos Organization:

Christina Logothets

SERVICE TIMES

Sunday Winter Hours

Orthros 8:45 am

Divine Liturgy 10 am

Weekday Festal Celebrations:

Vespers—7 pm*

Orthros—9 am

Divine Liturgy—10 am

* Note: Holy Confession is available by appointment.

FROM THE PASTOR'S COLLECTION

**By Fr. Thomas Hopko – from his book “The Lenten Sprint”, Great & Holy Lent
Let us Begin with Joy**

Joy is at the heart of everything in the Christian life, and Great Lent is no exception. The hymns and verses of the church services call Christians to begin with rejoicing.

Let us enter the Fast with joy, O faithful. Let us not be sad. Let us cleanse our faces with the waters of dispassion, blessing and exalting Christ forever. Let us begin the Fast with joy. Let us give ourselves to spiritual efforts. Let us cleanse our souls. Let us cleanse our flesh. Let us fast from passions as we fast from foods, taking pleasure in the good works of the spirit and accomplishing them in love that we all may be made worthy to see the passion of Christ our Goad and His Holy Pascha, rejoicing with spiritual joy. (First Friday Matins).

Jesus commands all those who fast to be joyful. He condemns sadness and grief, especially the outward appearance of fasting before men. He orders His people to hide their sorrow and to cover their sadness over sin. He directs them to hide their acts of penitence, to keep their fortifications secret, to appear shining and bright to the world.

And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. (Mt. 6:16-18)

Sadness for Christians is a sin to be repented of – not a virtue to be cultivated. Blessed mourning over the tragedies of this fallen world is possible. Those who mourn for this cause are promised comfort by the Lord. And godly grief over sins for the sake of leading us to conversion and repentance is possible. The apostle Paul refers to this in his second letter to the Corinthians.

I rejoice, not because you were grieved, but because you were grieved into repenting; for you felt a godly grief, to that you suffered no loss through us. For godly grief produces a repentance that leads to salvation and brings no regret, but worldly grief produces death. (2Cr. 7:9-10)

In the Lenten season the Christians struggle to put aside all “worldly grief” and to embrace the “godly grief” which St. John Climacus calls the blessed joy-grief of holy compunction, which inspires spiritual laughter in the soul; since “God does not ask or desire that a person should mourn from sorrow of heart, but rather that out of love for Him he should rejoice with the spiritual joy.” (St. John Climacus, The Ladder of Divine Ascent, step 7. St. John died in the seventh century. His memory is kept liturgically on the Fourth Sunday of Lent.)

As I ponder the true nature of compunction, I find myself amazed by the way in which inward joy and gladness mingle with what we call mourning and grief, like honey in a comb. There must be a lesson here and it surely is that compunction is properly a gift from God, so that there is real pleasure in the soul, since God secretly brings

consolation to those who in their hearts are repenting. (St. John Climacus)

These words of one of the severest saints recall the teachings of St. John Cassian, who lived about three hundred years earlier.

The only form of dejection we should cultivate is the sorrow which goes with repentance for sin and is accompanied by hope in God. It was of this form of dejection that the apostle said: "Godly sorrow produces a repentance that leads to salvation and brings no regret" (Cor. 7:10). This "godly sorry" nourishes the soul through the hope engendered by repentance, and it is mingled with joy. That is why it makes us obedient and eager for every good word: accessible, humble, gentle, forbearing and patient in enduring all the suffering of tribulation God may send us. Possession of these qualities shows that a person enjoys the fruits of the Holy Spirit: love, joy, peace, longsuffering, goodness, faith, self-control. But from the other kind of dejection we come to know the fruits of the evil spirit: listlessness, impatience, anger, hatred, contentiousness, despair, sluggishness in prayer. So we should shun this second form of dejection as we would unchastely, avarice, anger and the rest of passions. It can be healed by prayer, hope in God, meditation on holy scripture and by living with godly people. (St. John Cassian, on the Eight vices.)

These lessons from the saints are the teaching of the Church herself in her services for the Lenten spring. Repentance and joy, compunction and consolation, godly grief and spiritual rejoicing are joined together in perfect union in the person who fights for the Lord.

Receive Lent with gladness, O people! The beginning of spiritual warfare arrives.

Forsake the indulgences of your flesh that the gifts of the Spirit may abound in you.

Embrace your share of suffering, O soldiers of Christ! Prove yourselves to be children of God! The Holy Spirit will take up His abode in you and your souls will be filled with His light. (Cheesefare Tuesday matins.)

"Only one day," He said "is the life of those on earth." For those who make the effort in love there are forty days of the Fast for us to accomplish with joy. (First Monday matins).

GAS LEAK IN THE CHURCH

If you smell a gas odor in the church or hall, please call the gas company IMMEDIATELY at (800) 870-1664. This is an urgent situation and cannot wait for office hours.

PRESANCTIFIED LITURGIES DURING LENT

Please note the new time of the Presanctified Liturgies during Lent (see calendar for dates).

The 9th Hour will begin at 3pm, with Presanctified Liturgy following at about 3:30pm.

These liturgies will be followed by the Lenten dinners which will begin around 5pm.

Please plan to join us whenever possible.

LIST OF ITEMS FOR GREAT LENT, HOLY WEEK AND EASTER

During Great Lent, Holy Week and Pascha (Easter) the Church appeals to you her parishioners for donations for the various items needed. Your response in the past has always been generous and we thank you for your generosity. Once again this year the Church appeals for your support.

Please consider making a donation for the items listed below. You may call the church office at (401) 846-0555 on Tuesdays or Thursdays 9am – 1pm or see Fr. George after the Sunday Divine Liturgy.

Thank you. May our Lord God from Whom all blessings flow, bless you abundantly.

1. Flowers for the decoration of the Icon for the Salutations (5 Fridays)
2. Flowers for the decoration of the Icon of Annunciation
3. Flowers for the Feast of the Veneration of the Holy Cross (Mid-Lent)
4. Palm Sunday: 6 Palm trees, Vayia, Palms for Palm Sunday Crosses
5. Holy Wednesday: Holy Unctions items (donated)
6. Holy Thursday: 12 Candles for 12 Gospels, 12 Candles for the Cross Crown of Thorns (donated)
7. Holy Friday: Flowers to decorate the Epitaphio (An envelope will be enclosed in our April Newsletter), 4 Candles for the Epitaphio
8. Holy Saturday: Lilies for Holy Saturday and Easter Sunday (if available)
9. Holy Saturday: Paschal Candle. Flowers for the Resurrection Banner

PHILOPTOCHOS NEWS

Attention all seniors-Applications for the Philoptochos Scholarship can now be obtained in your respective high schools. Details and deadlines are explained in the scholarship packet.

Remember 2009 dues are now being accepted by mailing the payment of \$20.00 to: Ionna Bairos-Moreau, 96 Sherwood Terrace, Portsmouth, RI 02871

GREEK SCHOOL AND NEWPORT HELLENC DANCERS

The Greek School and the Newport Hellenic Dancers will hold their annual Greek Independence day celebration on Sunday April 5th after Liturgy at the Church Hall. Please join us for this festive event. For more information please contact Loula Eliopoulos or Evangelos Giannopoulos.

PARISH COUNCIL NEWS

The Monthly Parish Council meeting was held on Thursday, February 5th. As I was unable to attend, the meeting was chaired by Vice President Chrissy Logothets. A formal written request has been submitted to Fr. George for submittal to the Metropolis so as to officially ratify the current members of the Parish Council. Following this and in accordance with our Parish Bylaws and the Archdiocese Regulations, new elections for officers will be held, and the 3 Parish Council vacancies will be addressed.

In order to continue to ensure financial integrity and oversight with the church's funds, an additional process whereby weekly collections are counted and recorded by two (2) parish council members (who then both sign the collection sheet) has been implemented and has been working well. The parish council members who perform the counting varies from week to week as well. Also, in accordance with our by-laws, 2 signatures are required on all church checks. This procedure has been followed since February 2008.

Our dear Church Secretary Ellen Anagnostos will be on medical leave for several weeks. George Anagnostos has graciously offered to attempt to fill the shoes of his wife (no easy task!). His offer was unanimously approved by the Council and we thank George for his offer of his time to the church.

Speaking of Ellen Anagnostos, each year she and her husband steward the community Christmas card project. This year, because of doing the printing "in-house" and using our own copying machine, the expenses were greatly reduced and the church netted nearly \$900. Thank you Ellen and George!

For the first time in years, the Stewardship packets (thanks to Lily Wong (the new Chairman) and her team) were sent out in January (as opposed to as late as March!). Please do your best to return your pledge card as soon as possible to the Church as it assists in the financial planning of the parish. And remember, only the pledge card need be returned at this time—the pledge can be fulfilled weekly, monthly, quarterly or yearly.

With regards to church maintenance, we did have a "flooding" incident once again in the church basement. This incident occurred following a major snowfall which occurred in late January/early February, which was then followed by a significant rainfall. The "flooding" which occurred was more than likely due to the placement of the plowed snow from the Malbone House parking lot up against the church hall's back wall. During the heavy rains, the water had no place to go except our basement! Elaine Parkos Holder will contact the Malbone House and request that they ease off on this practice. Also, the Yachting Center has notified the church that they have contracted with a company to perform sanding of the parking lot. Although the snow removal in the lot is much improved over the past few years, we have had a problem with ice in the parking lot this year. This outside company has already sanded the lot on at least 2 occasions with good results.

Plans were discussed for the Apokreatiko Glendi scheduled for Saturday, February 28th. Because of timing issues, by the time you read this, the Glendi will probably have been held. We are attempting to advertise this event as much as possible through the use of flyers, church announcements and maybe even emails!

Elaine Parkos Holder notified the council that Arthur Stefanopoulos, Peter Kyriakides and Leon Panteleos have volunteered to chair this year's Hellenic Fest. The festival will be held on the weekend of July 24th. Parish Council representatives/liasons will be Steve Mellekas (who finally gets a break after chairing the festival for the last few years!), Elaine Parkos Holder and the undersigned. We thank our new chairmen for taking on this important task. As a community, we must do all we can to support them as much as possible so that we can make the festival as successful as possible.

Plans are underway for the statewide annual "Greek Independence Day" celebration, this year being held on March 26th (due to scheduling issues at the State House). Similar to last year, each community will be asked to select 2 Greek school students to read poems or sing at the State House. In order to make these poems and/or songs meaningful to our Governor and state officials, each Parish is being asked to provide the text of the poem/song in English. Participation of our own Newport Hellenic Dancers is also scheduled for the reception following the State House activities, which will be held in the Assumption Greek Orthodox Church Parish Center in Pawtucket. This year, the reception will be hosted by our own St. Spyridon community! So, look out for flyers and emails on news about this event.

At this time I'd like to take the time to explain a glitch we have been having with the computer software which prints out the mailing labels for our Parish family. We have many parishioners who share the same address but who require separate mailings. (This is especially true for the Stewardship mailings). Because of this "glitch", we must instead fill out the mailing label for these parishioners by hand, instead of using the printer. We are trying to work this out as soon as possible and appreciate your tremendous patience while we fix the problem.

The monthly income and expenses incurred by our church over the month of February (actually, the first 3 weeks as of "press time") were as follows:

Income: \$12,331 Expenses: \$10,626.77

Quite a bit of this reported income is due to Stewardship receipts. Let's all work together so that each and every month our income meets (or exceeds) our expenses! After all, isn't this how we run our own homes? And isn't St. Spyridon's our spiritual home?

The next Parish Council Meeting is scheduled for Tuesday, Mar 3rd at 7:00 pm. Should any parishioner have any item of concern or any matter they wish to have placed on the next meeting's Agenda, please contact any Parish Council member, or the undersigned.

Respectfully, Zoe Adamedes, Parish Council President

MARCH 2009

Sunday Winter Ho

SUN	MON	TUE	WED	THU
1 Forgiveness Sunday Cheesefare Orthros. 8:45 a.m. Div. Lit. 10:00 a.m.	2 GREAT LENT BEGINS <u>Strict Fast all week</u>	3 <u>Strict Fast</u> PC Mtg 7:00 p.m.	4 <u>Strict Fast</u> <u>Office Hours</u> 3:00 p.m. 9th Hour and Presanctified Lit Lenten Fellowship	5 <u>Strict Fast</u>
8 1st Sunday in Lent Of Orthodoxy Orthros. 8:45 a.m. Div. Lit. 10:00 a.m. Procession of icons	9	10	11 <u>Strict Fast</u> <u>Office Hours</u> 3:00 p.m. 9th Hour and Presanctified Lit. Lenten Fellowship	12
15 2nd in Lent St.Gregory Palamas Orthros. 8:45 a.m. Div. Lit. 10:00 a.m. Lenten Vespers 5:00	16	17	18 <u>Strict Fast</u> <u>Office Hours</u> 3:00 p.m. 9th Hour and Presanctified Lenten Fellowship	19
22 3rd in Lent Holy Cross Orthros. 8:45 a.m. Div. Lit. 10:00 a.m. Lenten Vespers 5:00	23	24 Great Vespers of An- nunciation 7:00 p.m. Cranston.	25 ANNUNCIATION Greek Independence Orthros 8:45 a.m. Div. Lit. 10:00 a.m. (Fish allowed)	26
29. 4th in Lent St. John Climacus Orthros. 8:45 a.m. Div. Lit. 10:00 a.m. Lenten Vespers 5:00	30	31	<u>For emergencies only</u> Please call Father at <u>1-401-474-7700</u> For all other please call the office number	<u>Please note:</u> <u>the period of</u> <u>Lent office h</u> <u>on Wednesda</u> <u>Fridays.</u>

Orthros 8:45 am Divine Liturgy 10 am

	FRI	SAT.
	6 <u>Strict Fast</u> <u>Office Hours</u> 1st Salutation to the Theotokos 7:00 p.m.	7 Saturday of Souls Orthros 8:45 a.m. Div. Lit. 10:00 a.m. Trisagion Prayers
	13 <u>Strict Fast</u> <u>Office Hours</u> 2nd Salutation to the Theotokos 7:00 p.m.	14
	20 <u>Strict Fast</u> <u>Office Hours</u> 3rd Salutation to the Theotokos 7:00 p.m.	21
	27 <u>Strict Fast</u> <u>Office Hours</u> 4th Salutation to the Theotokos. 7:00 p.m.	28
<u>During Great Fasts are observed on Wednesdays and</u>	<u>Παρακαλώ Προσοχή</u> <u>Την περίοδον της Μεγ. Τεσσαρακοστής Ωρες Γραφείου Τετάρτη και Παρασκευή</u>	

Upcoming Events

February 28—Apokreatiko Glendi, Church Hall, 5pm

March 3—Parish Council Meeting, 7pm

March 9—Soup Kitchen, setup 4 pm, meal 5 pm

March 10—Daughters of Penelope meeting, 7 pm, AHEPA housing

March 26—Greek Independence Day Celebration at State House, 4:30pm

Regular Events

Religious Education—Sundays, immediately after Holy Communion

Children’s Greek School—Monday-Thursday, 4-6pm

Adult Greek School—Mondays, 4-6 pm

GREEK INDEPENDENCE DAY CELEBRATION AT STATE HOUSE

Please join the Greek Independence Day Committee as Rhode Island celebrates the 188th Anniversary of Greek Independence Day.

Thursday, March 26th, 4:30 pm

The State House, Providence, RI, Belle Tower Room

Reception immediately following at the Assumption Greek Church
97 Walcott Street, Pawtucket, RI

Reception sponsored by St. Spyridon's Greek Church of Newport, RI

For additional information, please contact Senator Leonidas Raptakis, (401) 397-2720



** The children from the Greek School and the Newport Hellenic Dancers will participate together with children from the Cranston and Pawtucket communities. Following the celebration at the state house our community will host a reception at the Assumption Greek Orthodox Church in Pawtucket. Last year a large group from Newport participated and had a lot of fun. More details will be provided as they become available. Please join us!

RELIGIOUS EDUCATION NEWS

Hello Families,

March is a busy month for the Religious Education department! Please note the dates below and the activities happening on the dates.

1. March 1-Orthodox Christian Missionary Boxes will be sent home with the children. They should be returned the Sunday after Pascha.
2. March 8-Orthodox Sunday. Please have your child bring in an icon from home to carry around the church.
3. March 15-Junior/Senior Oratorical Festival. For those children in Mike Sisak's class to be presenting their speeches. Please see Mr. Sisak for more details.
4. March 22-Veneration of the Cross. Class will be held downstairs following the procession.
5. March 29-Elementary Oratorical Festival- For those children in Mrs. Sandy Giannopoulos' class presenting their speeches. Please see Mrs. Giannopoulos for details.

Thank you, Marianne

APOKREATIKO GLENDI—FEBRUARY 28, NEWPORT



Saturday, February 29th, 2009 at the St. Spyridon Church Hall
Doors open at 5 pm, Full buffet dinner will be served at 6 pm

Join us to celebrate the coming of Lent. Bring family and friends for a joyful relaxing event full of music, food and fun.

Special performance by Newport Hellenic Dancers

“Free Will Offering” to cover food and beverage costs. Contact Evangelos Giannopoulos at 667-2984 or any Parish Council Member for information.

A JOURNEY THROUGH LENT

When we think of the Lenten period, and of preparation for Easter, we think of abstinence from food. Surely, fasting is an important part of the Lenten discipline, but preparing for Easter is not only accomplished by avoiding certain foods and elements of our life styles.

If we are to prepare fully and completely for Easter, then Lent should also be a period of positive action. It should remind us to avoid sin, as well as, inspire us towards positive action. It should remind us that we avoid sin only when we do that which is required of us by God. It is not difficult to make Lent a time of action as well as of abstinence. What follows are my suggestions.

First Week – Begin to develop the practice of setting aside a quiet time each day. As a beginning, fifteen minutes spent in Bible reading and simple prayer is adequate.

Second Week – Write a letter to a good friend who lives far away and from whom you have not heard recently. Express your appreciation for the friendship.

Third Week – Make a local telephone call each day to at least one friend that you do not usually see or call. Tell him that you were thinking of them and of your joy in speaking to them.

Fourth Week – Buy, or better yet, make a small gift, and visit someone who has been ill or is lonely. Do not end your visit without setting the date for your next visit.

Fifth Week – Easter is approaching; remember to express words of forgiveness to someone who has wronged you. Still more important, ask for forgiveness where you know this is necessary.

Sixth Week – Prepare to celebrate Easter by sharing its joy with another. Invite someone to share the hospitality of your home and your Easter meal.

Let us open our hearts to the opportunities for spiritual growth that Lent provides.

REV. ANDREW DEMOTSES

FROM THE STEWARDSHIP COMMITTEE

A new year and a new person and a new look. Hello, for those who don't know, I (Lily Wong) have taken over the Stewardship responsibilities. So far it's been an interesting project. You all should have received the Stewardship mailing, which was sent out at the very end of January. If you have NOT received a packet and would like one, please let me know so I can get one to you. I have compiled a list of those stewards who have pledged through February.

Due to the early nature of the bulletin getting out, I could not log in those people who have submitted pledges or payment for the last week of February. But you will be acknowledged in the March bulletin.

In last month's bulletin, the name of Ionna Bairos-Moreau was inadvertently omitted from the list of 2008 Stewards. This omission is deeply regretted.

If you haven't pledged, there's still time---any help (whether it's for coffee hour or clean up after on Sundays) is appreciated.

Thank you!!!

Lily Wong

You can email me at Wong.Lily@verizon.net

List of 2009 Stewards to date:

Agas, Mr. John M.	Fowler, M/M Frank	Menas, M/M George
Agnostos, M/M David	Fox, M/M Brett	Menas, Mrs. Marianne
Agnostos, Capt. & Mrs. George	Gianiotis, Mr. Paul	Nelson, Ms. Helen
Anagnostopoulos, Dr./Mrs. Constantine	George, Mr. James S.	Panoutsopoulos, M/M Basile
Bonafas, M/M Nicholas	George, Mr. James	Pasyanos, Mr. Nicholas
Borodemos, Mr. Jemes	Hologgittas, Mr. Gus and Dr.	Perry, Ms. Gail K.
Caragianis, M/M William	Joanne	Petropoulos, M/M Peter
Cooper, M/M Jonathan	Janaros, Mr. Emmanuel P.	Petrou, M/M Panayiotis
Cotsoridis, Mr. Paul	Jasinski, M/M David	Psilos, M/M Christos
Cotsoridis, Mr. Charles G.	Karapatakis, M/M Stamatis	Rozes, Dr. and Mrs. James
Dedreux, Mr. Bill	Koulouvardis, Ms. Catherine	Rozes, Mrs. Joan
Demetriou, M/M James	Koulouvardis, Mr. George	Spiratos, M/M George
Dobrot, M/M Lucien	Koutsogiannis, M/M	Tasso, M/M James M.
Economou, Fr. George & Presvytera	Krones, Ms. Christine	Violet, Ms. Catherine
Elaine	Kyriakakis, M/M Stephen	Williams, Dr. & Mrs. James
Farias, M/M David	Meiczinger, Ms. Paula	

SIN

Sin is a mutiny, the rebellion of creation against its Creator, disobedience to the Creator, treason against Him, delight in the divine honor or self-deification. "You shall be gods" (Genesis 3:5) whispered the serpent in the ears of Eve, just as now he whispers to the sinner – the distortion of one's nature, willful insanity, disgraceful wantonness, the purely arbitrary falling from grace into rage; from truth into untruth; from simplicity to evil; from the light into darkness; from power into weakness; from breadth into narrowness; from peace into disturbance; from life to death. Sin is an impulsive impunity, vile captivity, soul-corrupting poison. Sin has given birth to all the misfortunes in the world, and all the sickness, pestilence, distraction, epidemic disease, wars, earthquakes and death, both temporary and eternal.. The sin of this highest angel Lucifer made him the Devil, Satan, and all the spirits who rebelled against God, who were angels of light and of indescribable beauty became dark and repulsive demons. Sin produced and still produces horrible evil, horrible calamities, horrible revolutions in the world, in the human race. Because of sin, all creation is in confusion. It is impossible to describe, it is impossible to adequately weep – the tears of the whole human race would not be sufficient – for the awful consequences of sin in the world. Brother! Let us respect, let us repeat with all our hearts, so that the Sun of Righteousness, Christ, might shine in our hearts, that the Kingdom of Heaven might be at hand in our hearts. Let us repent constantly, every day and hour before the eyes of God Who sees all. We sin constantly, let us also constantly repent. For sin is darkness! Amen.

FORGIVENESS

But I say unto you, love your enemies, bless them that curse you, do good to them that hate you, and pray for them which spitefully use you, and persecute you; that you may be the children of your Father which is in Heaven. For He makes His sun to rise on the evil and the good, and sends rain on the just and the unjust and the just. (Matthew 5:44-45) And when you stand praying, forgive, if you have anything against another: that your Father, Who is in Heaven, also may forgive you your trespasses. But if ye do not forgive, neither will your Father Who is in Heaven forgive your trespasses. (Mark 11:25-26) For if you forgive men their trespasses, your heavenly Father will also forgive you. (Matthew 6:14) Therefore, if your enemy hungers, feed him: if he thirsts, give him a drink. (Romans 12:20) But love your enemies, and do good, and lend, hoping for nothing again: and your rewards shall be great, and you shall be the children of the Highest : for He is kind to the unthankful and to the evil. Be merciful therefore, as your father is merciful. Judge not, and you shall not be judged. Condemn not, and you shall not be condemned. Forgive, and you shall be forgive. (Luke 6:35-37)



AHEPA NEWS

Next AHEPA 245 Meeting

The March meeting of the local AHEPA Chapter will take place the Second Monday of March at the Club Room in the AHEPA Housing.

AHEPA and Daughters Scholarships

AHEPAcademy is now taking applications for the 2009 Session. Attention High School Juniors: you have the opportunity to be one of a small, select group of Greek-American high school students selected from all over the country to participate in AHEPAcademy, an interactive leadership and networking seminar to be held on the campus of George Mason University outside Washington, DC from June 21-27, 2009. ... download your application today! <http://www.ahepacademy.com/>

2009 AHEPA Journey to Greece Application now Online!

The AHEPA Journey to Greece Program is a once-in-a-lifetime opportunity to earn college credit while learning about ancient and modern Greece. Plans for the 2009 Program are well underway. Download the prospectus and fill out your application today! <http://www.ahepa.org/journey/>

Other Scholarships

The following Scholarships are available through the Office of the Chancellor of the Greek Orthodox Archdiocese. The deadline for all scholarships is April 20th. Please visit the web site below to learn more about a particular scholarship.

<http://www.goarch.org/archdiocese/administration/chancellor/scholarships>

2009-10 Gioles Scholarships Application

2009-10 Malta Scholarships Application

2009-10 Paleologos Graduate Scholarship

National Young Adult Pilgrimage to Russia

Join young adults from across the country for a pilgrimage of faith and visit the historic cities of Moscow and St. Petersburg. For more information and online registration visit www.youth.goarch.org or call 646.519.6180.

Ionian Village

The Ionian Village Summer Camp program will be held on June 26 - July 16, 2009. The Byzantine Venture will be held from July 24 - August 13, 2009. Both sessions are open to campers who have completed grads 7-12. Register by March 6th to receive the early bird discount rate. phone 646.519.6190. For more info, please see the flyer in the church hall.

IN OUR PARISH

Baptism: On January 25th, the daughter of William and Heidi Christy was baptized and given the name Lila Grace. Her sponsor was Marianne Pylotis-Fox. May she live many, many years!

Marriage: On February 14th, Valentine's Day, Rhea Moisiades and Brian Charles Crea were married in our church. The Koumbaro was Markos Tsagas. May they have many happy years!

SAINT SPYRIDON BOOKSTORE

Bookstore SALE!!!! 20-40% Off

All books prices are 20-40% off the suggested retail price.

We've just gotten a new shipment of Children's Books...come and have a look... something for every age!!!

LENTEN – EASTER LITURGICAL BOOKS AVAILABLE:

Presantcified Liturgy, Salutation, Holy Week, Lenten Cookbook, Easter related icons

All available at our Bookstore. Remember, all monies go back to the Bookstore to purchase new items; support your Bookstore!

Visit our website for a link.

<http://www.stspyridonchurch.org/bookstore.html>

For additional information and special orders see Lily Wong-Panoutsopoulos.

DAUGHTERS OF PENELOPE NEWS

The next meeting of the Daughters of Penelope will be held on WEDNESDAY, MARCH 10th at the Ahepa 1 Housing Complex. Please note the change of day. The meeting will commence at 7 pm and all members are asked to be on time.

<p><i>In loving memory of</i> Grego Vincent Volpicelli</p>	<p>Order of AHEPA Maud Howe Elliott Chapter No. 245 Daughters of Penelope Ares Chapter Number 49</p>	<p>Mel's Cafenio 25 Broadway Newport 849-6420</p>
<p><i>With compliments of...</i> Dr. Joanne and Mr. C. Gus Hologgitas</p>	<p>Aquidneck Pizza Breakfast • Lunch • Dinner 27 Aquidneck Avenue Middletown Take out orders: 849-3356 Daily 7am-12am, Fri & Sat 7am-2am</p>	<p>This space available Please contact church office</p>
<p>Nikolas Pizza 38 Memorial Blvd West Newport 849-6611</p>	<p>ASTRO CONSTRUCTION INC. PO Box 522 Portsmouth, RI (401) 683-9120 Established 1954</p>	<p>CODDINGTON BREWING COMPANY 210 Coddington Highway Middletown 847-6690</p>
<p>Compliments of the ATLANTIC BEACH CLUB 53 Purgatory Road Middletown</p>	<p>A-1 Pizza 306 Broadway Newport <i>Free Delivery</i> 849-2213</p>	<p>Rhea's Bed & Breakfast <i>Accommodations with jacuzzi's available!</i> 120 West Main Road Middletown 841-5560</p>
<p><i>Compliments of</i> Island of Skiathos Organization Established 1967</p>	<p>Flo's Drive-In <i>Portsmouth</i> Flo's Clam Shack <i>Middletown</i> <i>Voted Best in Rhode Island!</i></p>	<p>The Mainstay Inn 151 Admiral Kalbfus Road <i>Newport</i> 849-9880</p>
<p>All American Foods, Inc.</p>	<p>Steve H. Jennings Certified Senior Advisor, CSA Advanced Planning Associates Retirement Planning Phone: 401.247.9882 E-mail: sjplanner@aol.com</p>	<p><i>In loving memory of</i> Anthony & Dorothea Rozes</p>